

FRINGE  
BY THE  
SEA

4-13 AUGUST 2023

NORTH BERWICK

2023

PROGRAMME

SCOTLAND'S FRESHEST FESTIVAL

TICKETS ON  
SALE AT:

FRINGEBYTHESEA.COM #FBTS23



The SUNDAY POST



EventScotland™

ALBA | CHRUTHACHAIL



## Our Story

This is the 15th year of Fringe By The Sea, which is operated and run by Fringe By The Sea Ltd. As a not-for-profit organisation, we are only able to deliver the festival through the incredible support of our community – from volunteers to staff and local businesses to East Lothian organisations, as well as passionate sponsors. The festival is managed by a team headed up by Director Rory Steel and General Manager Jackie Shuttleworth and includes Production Manager Ali Wales and Festival Co-Ordinator Debbie Shinton.

## Travel

We highly recommend using public transport to visit the festival. Late night trains and buses calling at all stations and stops to Edinburgh will be running. Scan the QR code below and download the GoSEStran app to find out times for trains and buses throughout south east Scotland.

[www.scotrail.co.uk](http://www.scotrail.co.uk)

Scan to download:



[www.eastcoastbuses.co.uk](http://www.eastcoastbuses.co.uk)  
EastCoastbuses

**NB: ScotRail online timetables may not show the special midnight service from North Berwick to Edinburgh which runs on each day of the festival. The NI24 nightbus also operates through the night on Saturday and Sunday mornings. These services are ideal should you wish to book a late show and take public transport to stops throughout East Lothian and Edinburgh.**

Parking is limited in North Berwick. Information is available at [www.northberwickparking.org.uk](http://www.northberwickparking.org.uk)

## Social

Share your festival experience:

[f](#) [@](#) <#>FBTS23

Our front cover was designed by the talented Eva Rose Hartt, P6, Gullane Primary School.

Programme design by Shaw Marketing and Design. Illustrations by Eilidh Muldoon.

## Booking info

Tickets are available online and in person, both at the event and in a temporary pop-up box office. However, we highly recommend booking online as events are expected to sell-out and there is no separate allocation for in-person box office sales, nor is there a difference in price between online or in person. All prices shown are inclusive of booking engine fees unless stated otherwise. Free events require a pre-booked ticket, unless event has 'drop by' in its listing.

**Online:** [fringebythesea.com](http://fringebythesea.com)

**In Person:** FBTS Pop-up Box Office, c/o NB Library, 13 School Road, North Berwick, EH39 4JU (Saturday 17th June – 3rd August, during library opening hours).

During the festival there will be a box office at the Lodge Grounds, open between 10.00AM and 10.00PM daily (4th – 13th August).

Tickets are sent as an e-ticket, which can be presented on your mobile device at the door. Alternatively, print the e-ticket at home and bring it with you.

Programme details are correct at the time of going to press. Fringe By The Sea reserves the right to alter or cancel events. Tickets are non-refundable unless an event is cancelled. Please check the festival website and social media feeds for all the latest news and updates.

**Accessibility:** All venues at Fringe By The Sea are wheelchair accessible. Please let a member of stewarding team know of your needs on arrival. If you have a carer requiring a ticket, please contact [info@fringebythesea.com](mailto:info@fringebythesea.com) at least 24 hours in advance of your show to make arrangements or a steward upon arrival at the event if booking less than 24 hours before the event. An accessible drop off point is located on the junction of St Baldred's Road and Lady Jane Road. Limited accessible seating is available in each venue. This is allocated on a first come, first serve basis. Please email [info@fringebythesea.com](mailto:info@fringebythesea.com) in advance to reserve a space.

**Concession tickets:** Where applicable, concession tickets are available for children. Babies in arms go free.

**Age restrictions:** Please take note of age suitability of events, where stated. Fringe By The Sea is family friendly and we encourage kids to come along and enjoy many of our gigs. Evening events require U16s to be accompanied by an adult.

**Venues:** The festival venue at the Lodge Grounds is open from 10AM to 11PM daily. As our festival is outdoors, it can get chilly in the evenings and our venues are sited on uneven ground, please dress appropriately. No smoking or vaping inside our venues.

**Food & Drink:** As the venues are licenced premise operations, alcohol is not allowed to be brought onto the festival site. Food is available to purchase at our Street Food hub. Hot and cold beverages and alcohol drinks will be available to purchase on site.

**Latecomers:** Events start punctually. Members of the audience may not be permitted entry after the beginning of events.

**Entry:** Please follow all signage for queuing, entering and exiting our venues. There may be a different point of entry from exit at each venue. Our staff will direct you to seats, where relevant. Please follow their instruction.

**Lost property:** Lost property will be stored at the Box Offices for the festival duration and at our office afterwards. Any items not collected within a fortnight of the festival from The Lighthouse will be disposed of. Lost children will be taken to our Crew Hut (behind Box Office).

**Dogs:** Well behaved dogs on leads are welcome on site and in venues, except standing gigs in the Big Top.



## Welcome

@scottmasterton

**“How are you going to trump last year’s extravaganza?” is the question the team at Fringe By The Sea HQ has been asked almost daily since the Big Top came down on 2022. Well, the wait is over and with a bumper programme of more than 225 events, we have the key ingredients for a fabulous 15th edition of East Lothian’s favourite festival. Bring. It. On.**

We return to the wonderful Lodge Grounds once again. With the free-to-access North Berwick Trust Hub the place to be for tasty food and drink, catching cracking local talent on the awesome Lighthouse Live stage or perusing beautiful arts and crafts at Coulter's Makers Market. We aim to have something for everyone, regardless of pocket size.

Our 2023 *Weaving Wonder* theme sees community initiatives come to life in many forms, including a quite literal manifestation, with the Wool School leading the charge to knit festival bunting!

Wonder is well and truly woven throughout the 10 days in our music, comedy, literature, children's and masterclass billings.

Our music line-up is an eclectic mix from smash-hit international superstars to brilliant East Lothian-based performers. We have sand dunes, salty air and dance beats aplenty as *Groove Armada* return to North Berwick - who can forget their epic 2019 spiegelent show??? - to get the party started on opening night and after the success of last year's Saturday headliner, we've gone west again with gallus Glasgow band *Travis* topping the bill on the first weekend.

Get ready to dress up for Disco Day with *Sister Sledge* on the second Friday, while Stornoway sensations *Peat & Diesel* will have the big top bouncing the night after. Our festival will close with another epic orchestral show when the *International Film Orchestra* perform *The Spectacular Music of Harry Potter*.

Our ever-popular comedy shows are expanding with *Dara Ó Briain*, *Dylan Moran* and *Susie McCabe* just a few of the side-splitters coming to Scotland especially for Fringe By The Sea.

Our Lodge Tent comes with an increased capacity, meaning more people can come and hear inspiring talks from authors, environmentalists, explorers and others with a fascinating story to tell. The fearless ocean-faring record-setter *Sir Robin Knox-Johnston*, presented by McInroy & Wood, wildlife photographer and reigning *Strictly* champion *Hamza Yassin*, *Great British Sewing Bee* and Savile Row tailor *Patrick Grant* and East Lothian-born author *William Dalrymple* are just a few set to pack out the tents this year.

Our children's programme too is expanding, and we'll be seeing the likes of *Dick & Dom* join festival regulars *Artie's Singing Kettle* and *Mr Boom*. Of course, seeing our youngsters on stage is a huge part of Fringe By The Sea, and we're super excited to see so many shows featuring local talent on the programme.

We're indebted to SSE Renewables for the support of our Green Team, led by Caledonian Horticulture. Last year we put in place the gold standard of waste management processes, and this year we'll be showcasing in the festival hub exactly how we do it. Be sure to pay the Envirozone a visit to learn more about our environmental efforts and so much more.

Producing Fringe By The Sea is a year-round undertaking and the huge team effort involves local organisations, dedicated volunteers, brilliant artists and generous partners from the business world and public sector. If you find yourself sat next to any representatives of our partners over the festival, be sure to say a massive thank you to them.

We wish you a brilliant time, weaving wonderful memories with loved-ones and others coming together to be part of a very special festival community.

**Rory Steel, Jackie Shuttleworth, Ali Wales and Debbie Shinton**

**Team Fringe By The Sea**

SEE CENTRE PAGES FOR VENUE MAP

# Partners

# Envirozone

The support of our funding partners is critical to the success of our festival. Without it Fringe By The Sea just wouldn't happen. We thank you all.

A new initiative for 2023 sees our sustainability partner, Caledonian Horticulture, host the Envirozone, where you'll be able to talk all things recycling and hear about the awesome work taking place in our community and beyond.

Working with the great people at SSE Renewables, Scottish Coastal Clean-up, Sustaining North Berwick and Ocean Plastic Pots, the Envirozone will host the Daily Green Dollop – interactive and informative sessions highlighting a key issue of environmental importance. Drop by at 2.15PM to take part for free.



## Master Partners



THE SUNDAY POST



## Community Partners



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## Affiliate Partners



GLENMORANGIE



shaw LET'S BUILD BEAUTIFUL BRANDS



DREM TIMBER & FENCING LTD

EMMACROSS INTERIOR DESIGN



McInroy & Wood

## Funding Partners



North Berwick Coastal Area Partnership



EventScotland



## Charity Partner



A huge thank you to the many other organisations and individuals who help make Fringe By The Sea the festival that it is: FBTS founders John Shaw, Jane Thomson and Eric Wales, Adam Robertson, Alan Nash, Amanda Farnese Heath, Bass Rock Community Group, Barbara Gardner-Rowell, Barker & Bone, Citizen Ticket, Dave Berry, Dementia Friendly East Lothian, Dr Lorna Hill, Duff Publicity, East Lothian Council, East Lothian Courier, East Lothian Countryside Rangers, East Lothian Food & Drink, East Coast Buses, Eilidh Muldoon, Fairground Communications, Glenn Campbell, Heavy Sound CIC, Lewis Houghton, Lewis Gourlay, Cagoule TV, Mr Smith Aerial, Niall Middleton, No12 Hotel & Bistro, North Berwick Coastal Community Connections, North Berwick Community Council, North Berwick Highland Games, North Berwick in Bloom, North Berwick Library, North Berwick Youth Project, North Berwick Gospel Choir, Dr Pete Churn, Room 8 Studio, Scott Masterton, ScotRail, Steampunk Coffee, Stepping Out, Sustaining NB, Tantallon Caravan Park, Toby Jeffries. We owe an extra debt of gratitude to our amazing team of volunteers and hard-working event crew. The programme of artists' participatory workshops at Fringe By The Sea has been arranged by East Lothian Council's Arts Service and The Brunton Theatre Trust's Performing Arts Network. Further funding for creative performances has been supplied by North Berwick Coastal Area Partnership.

## Weaving Wonder with 'waste'

Last year, our Green Team set new standards in how event producers should undertake waste management, but we can always do better!

With the support of Tyne & Esk Rural Communities Development Fund, we have invested in the facilities for all of our traders to effectively sort and manage waste disposal that minimises our impact on the environment. The infrastructure is available to other event producers in East Lothian and Midlothian for them to emulate our best practice.

Come and visit the Envirozone to see how we do it.



EVENT MEMBER VISION 2025 Outdoor Events • Climate • Action

## REUSING LAST YEAR'S RUBBISH

29m<sup>3</sup> cans/plastic RECYCLED FOR FUTURE CANNING/BOTTLING

2080kg glass RECYCLED INTO WATER FILTRATION PRODUCT

520kg compostable cups PROCESSED IN EAST FENTON, THEN USED BY NORTH BERWICK IN BLOOM

980kg food waste PROCESSED AT AN ANAEROBIC DIGESTER, PRODUCING METHANE FOR ELECTRICITY AND FERTILISER FOR EAST LoTHIAN FARMS

3050kg other waste PROCESSED FOR ENERGY FROM WASTE

## Do your bit too!

1. Leave the car at home – train, bus, bike or foot are best
2. Bring a reusable/refillable cup for bars/traders
3. Put your waste in the correct, colour-coded bin



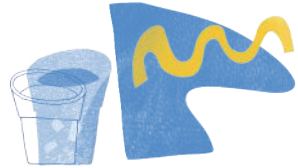


## Couters Makers Market

Come wander and enjoy a wide selection of beautiful, locally-made arts and crafts. All available to purchase, 11am to 6pm daily.



## Street Food Village



Our food traders serve up the best of East Lothian and beyond - from tasty burgers to wood fired pizza, paella to epic toasties, vegan and veggie plus great coffee and delicious ice-cream Sundaes.



### Between the Woods & Sea

Paintings, prints and goods for the home using the artwork of local artist and maker Lorraine Miller.



### Bonzo Art

Local, professional artist Rachel Marshall captures life by the sea in original paintings, giftware, cards and prints. Coastal inspired and often with humour, her work is collected worldwide.



### Charlotte Cadzow

Original and handmade Ceramics and Art by local professional maker Charlotte Cadzow. Inspired by sea, nature, and coast. Mugs, bowls, candlesticks, shell sculptures, teatowels, prints and paintings.

### THE COASTAL COLLECTIVE



### The Coastal Collective

The Coastal Collective is an exciting, unique, female-led collaboration between three local businesses Faodail, Lu-sea-lu-jewellery and Ondine Smith.

### SPIT 'N' FIRE

#### Spit 'n' Fire

The team behind The Drake, Scamp, Eighty Eight, Hooligan and seven21 present Spit 'n' Fire. Offering slow roasted rare breed pork from McDuff's Estate and crispy roast potatoes with fresh seasonal produce.



#### East Lothian Deli Box

Serving delicious hot breakfast rolls, Anderson's steak burgers, halloumi burgers and freshly made paella all washed down with great coffee and epic homemade cakes and brownies.



#### RÒST

Ròst serves the best of local and Scottish produce including locally smoked salmon, scampi and lobster.



#### Wild at Heart

Epic Toasties and loaded fries. From the heart of East Lothian. A favourite at Fringe By The Sea.



### Lovesurf

Lovesurf is a small independent clothing brand in North Berwick offering children and adults casual wear, such as hoodies, sweatshirts, t-shirts and bags, made predominantly from organic and recycled materials and decorated with fun individually printed designs.

### THE MAKERY

#### The Makery

Emma Westwater and Nem Sarton design and make eye-catching laser cut jewellery and homewares. Using mostly acrylic and wood, they have a vast selection of beautiful creations to choose from.



#### Raven Botanicals

Raven Botanicals is an East Lothian-based beauty brand that brings together ingredients from the ancient Scottish land and coastline with the finest botanicals oils and extracts to nourish skin and soul. Results-driven formulations include cleansers, serums, facial oils and balms that are made for skin with a story to tell.



#### Support the Makers

A collective of local makers from the Support The Makers community all working together to bring you a gorgeous range of accessories, homeware, jewellery and much more from End Of Terrace Trading, Fiddy & Mabel, Made By Ruu and Solas Sea Glass.



#### The Wee Green Pizza Van

Rita, The Wood-Fired Pizza Van will be serving up Neapolitan Style Wood Fired Pizza and Mac n Cheese.



#### The Wee Green Van

Margo, The Wee Green Van will be serving up Gourmet Smash Burgers, Vegan Burgers and Tasty BBQ Slow Cooked Pork Tacos along with Hotdogs for the kiddos!



#### Steampunk

Steampunk Coffee have been roasting ethically sourced specialty coffees in NB since 2012. Their friendly baristas will be serving espresso based and brewed coffees, iced coffees, hot chocolates and home baking from their vintage VW camper van, Mavis.



#### Typhoon Ten

Typhoon Ten is an Edinburgh based vegan outfit, dishing up 100% handmade, plant-based versions of filthy favourites such as loaded burgers and dirty fries from their bright green truck.



### Pajama Pantry

Ethically made PJ pants, and masses of gifts and accessories made from the offcuts. No Waste Slow Fashion.



### Village Green

Thoughtfully curated collection of handcrafted, practical items made by skilled local artisans.



#### With a Cherry on Top

Delicious crepes, shakes, sundaes and ice cream.





## Look Beyond - Around Site



### North Berwick Trust Hub



**At the heart of the festival in North Berwick's Lodge Grounds, you'll find the North Berwick Trust Hub.**

All are welcome to pop-by and hang out to enjoy delicious street food and refreshments, as well as live music from the Lighthouse Live Stage. There's plenty to keep all ages entertained between shows, with our Weaving Wonder tent, drop-in workshops, Envirozone, Night Owl bookshop and so much more. Swing by to find out about the local groups the charity North Berwick Trust supports. Open from 10am-11pm daily from 4th - 13th August.

### the Lighthouse Live Stage



**Crowd favourite, the Lighthouse Live Stage returns for 2023 with a whole host of free music including up and coming bands, stunning solo artists, old-time favourites and talented local groups.**

The line-up is announced in July so keep your eyes peeled on our social channels. Brought to you by The Lighthouse who offer co-working and flexible office space in North Berwick - including Team FBTS! If you need a desk while in town for the festival check out [www.lighthouseenb.co.uk](http://www.lighthouseenb.co.uk)

### Weaving Wonder



**Our theme for 2023 manifests itself, quite literally, at our specially curated tent.**

There's a whole host of weaving related activities, including free drop-in sessions with Wool School and workshops galore including macrame, sashiko stitching and knitting. Our Creative Scotland-funded community work sees participants from Dementia Friendly East Lothian, North Berwick Coastal Community Connections, Heavy Sound CIC and Stepping Out show-off their artistic endeavours. And it's time to "put up the bunting" - keep your eyes peeled for the handmade decoration, created over the last four months by individuals and groups all across East Lothian.

### What's your tiple?



**With new partners Tennent's and Glenmorangie on board, and a new bar operator, Cargo Bars, in place, there is a wide range of drinks on offer to quench your thirst.**

If you head up to Drinkies' Corner, you'll find delicious cocktails from old friends and new, including the Glenmorangie TukTuk. The versatility of the Tain-based single malt Scotch whisky will be shown off to its max with a range of delicious serves.

The ever-popular frozen margarita station is back, and will be joined by a rabble-rousing rum shack pumping out classic Cuban and Caribbean creations.

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### Coulters Open Doors

Coulters is a local estate agent and solicitor firm that can confidently guide you through your property journey. Make sure you drop by their pop-up space, next to the Coulters Makers Market, to meet the lovely team, discover more about their great work and participate in the exciting activities they have planned.

### SSE Renewables VR

Ever wondered what an offshore wind farm looks like close up? FBTS Community Partner SSE Renewables will be popping-up during the festival with their immersive, 3D virtual reality visualisation of Beatrice Offshore Wind Farm.

Visit [www.fringebythesea.com](http://www.fringebythesea.com) for more details.



### Night Owl Book Shop

Independent East Lothian bookshop Night Owl Books is popping up with a wee store showcasing FBTS favourites. Inside you'll find a carefully curated selection of books from Scotland and beyond, including signed copies from this year's guest authors. Daily from 11am-5pm.



### Floral Delights

North Berwick In Bloom and East Lothian Council create stunning floral displays in the Lodge Grounds with support from North Berwick Trust, and all around town. Caps doffed to their impressive work.



### Beano Kids Guide

Pick up a special Beano Kids Guide from the box office to help young festival goers make the most of Fringe By The Sea.



### Primary School Pupils Pop-Up Exhibition

See Eva Rose's brilliant winning design from our primary school programme cover competition, and view other shortlisted entries at our on-site exhibition.



### Katie Schwab, The Seeing Hands

An interactive sculptural work which draws on The Tactile Workshops a book by Italian artist, designer & educator Bruno Munari (1907-98). This artwork was originally part of The Seeing Hands, a joint commission by Collective (Edinburgh) and Bluecoat (Liverpool) in 2022. This project places play, learning and re-use at its core.



### We Love Dogs

Well-behaved dogs on leads are allowed on site and into venues for most shows. We don't allow dogs into the standing headline shows in the Big Top as these are very busy. Local dog lovers Barker and Bone have kindly created a Dog Water Station for thirsty dogs which can be found at the south entrance to the site.



**Art Exhibition & Studio Sale**

Artists Wendy Portway, Julie Otter and Pam McKenzie are selling their original artworks, prints and cards with donations to East Lothian Young Carers. Runs 9th - 12th, 10-5pm, St Andrew Blackadder Church, 91 High St.



**Beach Huts**

Home to The Lobster Hatchery, artists Rosemary Oberlander and Andrina Wright, British Marine Rescue, NB Candles and Echo Beach Design ceramics. Times vary. Harbourside.



**East Lothian Food & Drink Markets**

Discover delicious local food and drink producers at the East Lothian Food & Drink market. Plus arts and crafts with Scottish Makers (5th only). 5th & 12th August, 10am-2pm, St Andrew Blackadder Church, High Street. Free.



**MOVE Studio**

A special programme of wellness events at North Berwick's own yoga studio, run by Katy Wakefield and the Move team. Times vary. [moveyoga.co.uk/wellnessfestival](http://moveyoga.co.uk/wellnessfestival)



**Scottish Seabird Centre**

The environmental and conservation charity is FBTS's charity partner. Pay a visit to their Discovery Experience - FBTS ticket holders receive a 20% entry fee discount - or get closer to the awe-inspiring nature of Bass Rock with a boat trip. [www.seabird.org](http://www.seabird.org)



**St Andrew St. Open Studios**

Three local artists living just a stone's throw from the festival hub welcome visitors to their homes/studios. Drop-in to meet them and find out more about their art, processes and inspiration. Jayne Stokes, 23 St Andrew Street, Line Mortensen, 34 St Andrew Street and Linda Mackinnon, 36 St Andrew Street. 5th - 13th August, 10am-5pm. Mandy Little, 30A St Andrew St, 4-7th, 10-13th (1-4pm). See [www.fringebythesea.com](http://www.fringebythesea.com) for further details.



**Land, Sea, People, Stories**

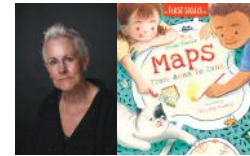
Explore the history of our community with exhibits presenting a piece of the unique story of local heritage. Open Wednesdays - Saturdays, 11-4pm, Free (donations welcome), Coastal Communities Museum, School Road, [coastalmuseum.org](http://coastalmuseum.org)



**Programme Categories**

- Comedy
- Wellbeing
- Exploration
- Conversation
- Music
- Literature
- Community
- Films
- Family
- Masterclass
- Environment
- Food and Drink

**Vivian French - Maps**



Anna is going to tea with Zane, but how will she know which way to go? Answer... a map! Come and listen to the story then join in the fun of creating a map of your very own!

Recommended for ages 4-7. Children must be accompanied by an adult.

**LITTLE TOP**  
10.15AM (45 MIN)    £6 (Child)  
| FREE (Accompanying adult)  
| £6 (Extra Adult)

**Zine Workshop**



Join our zine making workshop, and explore the geology of North Berwick. Using a range of materials and techniques, we'll design and make a series of pamphlets that imagine and translate the local territory through narrative design. Join us in this celebration of playful thinking through making! All tools and materials provided.

All ages and beginners welcome. Under 12s must be accompanied by an adult. Supported by North Berwick Trust.

**MASTERCLASS TENT**  
10.30AM (90 MIN)    £7

**Wool School Craft Corner**



North Berwick's friendly Wool School are on hand in the Weaving Wonder tent daily throughout the festival, offering the chance to learn how to knit, crochet and macrame. All materials provided - or bring your own, hone your skills and have a chat while you craft!

Drop-in and free. Special sessions and workshops will also run throughout - look out for details on site.

**WEAVING WONDER TENT**  
10.30AM-4.00PM **DROP-IN/FREE**

**Totem Poles**



Come and create a Totem Pole with friends to welcome all visitors to North Berwick. Using ribbons, string and wool, we will create a fabulous, colourful pole then raise it for all to admire.

Suitable for primary school age children.  
**LITTLE TOP**  
12.00PM (45 MIN)    **FREE**

**Heavy Sound CIC**



The CRIB is a 40-foot single decker bus which was converted by prisoners in HMP Edinburgh to provide a number of community outcomes.

The bus is equipped with wi-fi, high-end music technology and instruments for music production and recording. The Heavy Sound team look forward to welcoming you on board to have a shot of Dj-ing, make some beats on the drum machine or jump on the mic and spit some bars. Outside at our Dr Bike drop-in sessions our qualified mechanics will be on hand to give your bike a free health check.

**THE CRIB, LODGE GROUNDS**  
11.00AM-5.00PM    **DROP-IN/FREE**

**Scotland: An Unexpected Global Hub for Surf Therapy**



Surf therapy is on the rise, being used for populations as broad as military veterans in the United States, ex-child soldiers in Somalia, and people recovering from strokes in the Netherlands. Find out how Scotland has become an unlikely hub for this global phenomenon with speakers: Andy Hadden - Founder of Lost Shore Surf Resort, Alison Young - Coordinator at the Wave Project Scotland, a charity using surf therapy to support young people facing mental health challenges; Dr Jamie Marshall - director at the International Surf Therapy Organisation. Ticket proceeds will go towards supporting the Wave Project.

**LODGE STAGE**  
11.00AM (60 MIN)    **£10**

# Bioblitz By The Sea

As part of Fringe By The Sea 2023, Scottish Seabird Centre is excited to be teaming up with scientists and nature organisations from around Scotland to deliver Bioblitz By The Sea, an action-packed celebration of marine and coastal wildlife.

We will work together in a race against the clock to discover and record as many animals and plants as possible, and we need your help! Come and join us for stalls, sessions, and self-led activities that will help you to discover and protect our amazing marine environment. Look around our bioblitz 'lab' and hear from experts about how collecting data can help to protect wildlife and wild places. Whether you're new to nature or already wildlife nerds like us, there will be something for everyone.



## What's on

### All Day Bioblitz Drop-in

Drop-in to the Scottish Seabird Centre anytime between 10AM and 3PM to explore stalls and sessions hosted by some brilliant environmental organisations, including our friends at Whale and Dolphin Conservation, Marine Conservation Society, The Wildlife Information Centre, and Fidra. We'll be birdwatching, whale and dolphin spotting, plant plotting, and lending out all sorts of equipment to help you to explore the coastline. Head into our Bioblitz 'lab' to check-out which plants and animals our experts have seen and recorded so far and watch our epic species list grow throughout the day.

### Birds for Beginners

Join our Conservation Officer for a relaxing 45 minute bird-watching tour along the coast to find out more about the seabirds, shorebirds, and garden birds that can be spotted around Scotland. Suitable for adults/older children.

SCOTTISH SEABIRD CENTRE 10.00AM (45 MIN)



### Seaweed Search

Join the Marine Conservation Society for a closer look at seaweeds, our ocean superheroes. The session will include an introduction to the Big Seaweed Search, an easy to follow citizen science survey. You will learn why it's important to track seaweeds around the UK and what they can reveal to us about our changing climate before heading onto the shore to explore and record the seaweeds you spot there, plus any other exciting rockpool creatures. Please dress for the weather and wear sturdy footwear. Ages 13+. Under 16s must be accompanied by an adult.

SCOTTISH SEABIRD CENTRE 11.00AM (90 MIN)

### Coastal Plants for Beginners

Discover the wildflowers of the Scottish coast in this outdoor session for beginners. Join us for a 45-minute tour along the coastline and learn how to identify some of Scotland's most iconic wildflowers, discover why they are important for people, and learn about the essential role that plants play in the wider ecosystem. Suitable for 18+.

SCOTTISH SEABIRD CENTRE 1.00PM (45 MIN)

### Mini Rockpool Ramble

Discover the amazing wildlife that can be found in the rockpools of North Berwick! Enjoy a brief talk followed by a guided ramble along the nearby rocky shore. You'll be amazed by the variety of life and the different adaptations of the creatures you meet.

More info: children under 16 must be accompanied by an adult. Participants must dress appropriately for the shore (e.g. shoes with good grip, warm clothing, sunscreen if necessary).

SCOTTISH SEABIRD CENTRE 11.00AM (45 MIN)

### Fidra Land and Sea Plastics

During Soil Scientist Dr Joanna Cloy's 'Fidra Land and Sea Plastics' session, you will discover what plastic pellets (or nurdles) are, hear about their impacts on marine ecosystems and hunt for them on the beach. You will also learn about sources and impacts of plastics on soil biodiversity, looking at examples of plastics and common soil creatures.

SCOTTISH SEABIRD CENTRE 12.00PM (45 MIN)

### Whale and Dolphin Watching for Beginners

Ever spotted a fin in the water and wondered what it was? Join us to learn more about some of the amazing whale, dolphin, and porpoise species found around the Scottish coast and discover how our partners at Whale and Dolphin Conservation are working to protect them.

SCOTTISH SEABIRD CENTRE 2.00PM (30 MIN)

## Pincho - Tapas, Sangria & Beer



Manzanilla Olives  
 Padrón Peppers  
 Patatas Bravas  
 Traditional Croquetas  
 Classic Tortilla Española  
 Manchego Cheese with  
 Crusty Bread

Chorizo al Vino Tinto  
 Spanish Serrano Ham

Calamares Fritos  
 Gambas Aioli

Churros

If you're fond of sand dunes and salty air, stop at Pincho for a laidback seaside vibe where you can chill and watch the festival go by, listening to blissful Balearic beats and savouring authentic Iberian flavours with food served tapas style and drinks that take you to a sunny place.

No booking required. Open daily 12-8pm. Fully licensed bar. Children must be accompanied by adults.

Free entrance (just pay for your drinks and tapas).

PINCHO, LODGE GROUNDS  
 12.00PM-8.00PM

DROP-IN

## Splash Test Dummies



The Splash Test Dummies are off on an exciting adventure of oceanic proportions! With a brilliant array of catch-your-breath stunt work, dazzling acrobatics, dexterous juggling and side-splitting, slapstick comedy, the Dummies are ready to roll out their beach towels and spring into an exciting hour of circus-filled hilarity for the whole family. Grab your flippers and snorkel and join the Dummies diving from bathtubs to beaches on this wild aquatic ride!

BIG TOP  
 1.00PM (60 MIN)

£12 | £9 (U16s)

### Vinyasa Flow Yoga With Kinship.Studio



Sally of Kinship.Studio will be offering Vinyasa Flow Yoga - an approach in which you move from one pose directly into the next in an unbroken wave in an energetic style where breath is synchronised with movement.

Over 18s only. Please bring mat/towel.

MASTERCLASS TENT  
 1.00PM (45 MIN)

### Ayurvedic Taster Sessions



Sally of Kinship.Studio will be offering 10-minute taster Ayurvedic consultations or 10-minute head, hand or foot massages. Ayurveda is a natural holistic medical system that combines five approaches; diet, lifestyle, herbs, massage treatments and yoga movement to bring you back to balance. Book a slot and pay on arrival.

MASTERCLASS TENT  
 2.00PM, 2.15PM,  
 2.30PM & 2.45PM (10 MIN) £12



# LAND SEA PEOPLE Stories



NEW VOLUNTEERS & TRUSTEES WELCOME

2023 EXHIBITION

ADMISSION FREE donations welcome  
Open 11.00am – 4.00pm  
April to October Wednesday – Saturday



School Road, North Berwick EH39 4JU  
Tel: 01620 894313 coastalmuseum.org



## Walk the Town



Dave Berry is back with his popular daily walking tours around scenic North Berwick for festival goers who want to find out a bit more about the town and see its sights. Descended from a family of fishermen, Dave has been a local councillor, a historian and a guide. Proceeds go towards the RNLI and Leuchie House. Please note the walk is partly on the beach and involves some steps.

Suitable for all ages. Under 16s must be accompanied by an adult.

MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
2.00PM (120 MIN)

£5



## Fantastic Festival Fun



Get festival ready and create your own headpiece with vine and feathers to celebrate Summer. Learn to twist wire into a personal shape to suit your head size, then decorate it with leaves, flowers and ribbons. The perfect, stylish accessory for all Fringe By The Sea kids! Suitable for primary school age children.

LITTLE TOP  
2.00PM &  
3.15PM (45 MIN)

£9.50



## North Berwick Youth Project Craft Session



Come along for an arty session run by Fingers & Thumbs. Create a masterpiece full of seaside wonder.

Open to P7s up to age 18.

MASTERCLASS TENT  
4.00PM (120 MIN)

FREE



## Worried about the environment, climate and health? Let's talk about food



Andy Cato, Wildfarmed co-founder, is an award-winning mixed arable and livestock farmer. It was an article 15 years ago about modern food production's environmental and health consequences, that inspired Andy, a Grammy-nominated musician, to sell his publishing rights to fund a farm in France. There he spent a decade trying to find a more restorative and sustainable way of growing food. Now back on British soil and farming as a tenant of the National Trust, Andy and his Wildfarmed colleagues are on a mission to help farmers move towards soil-focused farming, and make real food grown in real soil available on the high street at affordable prices.

BIG TOP  
5.00PM (45 MIN)

£8



## Wool School: Mending with Millie



Inspired by historic Japanese Sashiko stitching, come along and learn the basics you need to mend using this ancient mending technique. All equipment will be provided but please feel free to bring along a pair of jeans that you would like to mend.

For age 16 and upwards.

WEAVING WONDER TENT  
5.30PM (90 MIN)

£26



## Daily Green Dollop



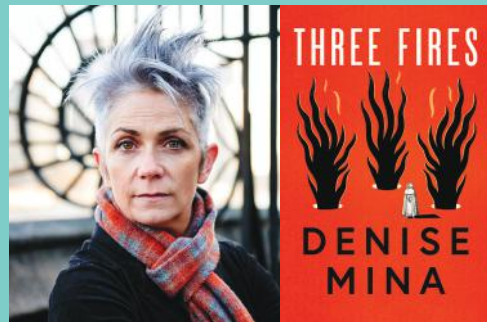
Pop along to the Envirozone every day at 2.15PM for a range of workshops and interactive sessions from Caledonian Horticulture, SSE Renewables, Scottish Coastal Clean-up, Sustaining North Berwick and Ocean Plastic Pots. They'll be covering everything from wind farms, saving money whilst saving the planet to what's being done to help clear the beautiful Scottish coastline of plastic pollution.

ENVIROZONE, LODGE GROUNDS  
2.15PM

DROP-IN/FREE



## Denise Mina - Three Fires



The author of the bestselling Rizzio brings a modern take to this fascinating historical story - drawing parallels between the febrile atmosphere of medieval Florence and the culture wars of the present day. In dramatising the life and last days of Savonarola she explores the downfall of the original architect of cancel culture and in the process explores the never-ending tensions between wealth, inequality, and freedom of speech that so dominate our modern world.

LODGE STAGE  
2.15PM (60 MIN)

£9



## Groove Armada (DJ Set)



It's 25 years since Groove Armada debuted, going on to become one of the most successful dance acts of the time, and maintaining their position as an influential force ever since. Over two decades of prolific productions and tireless touring, they've proved that it's possible to daringly explore a multitude of sounds while achieving critical and commercial success. From the dancehall dub of 'Superstylin' to the crossover pop appeal of 'Song 4 Mutya (Out of Control)' and from the dancefloor-igniting 'I See You Baby' to the woozy sunset vibes of 'At The River', Groove Armada have consistently and uncompromisingly followed their own vision. Support is from DJ Miss MixTape.

BIG TOP  
8.00PM (180 MIN)

£30



## Geno Washington & The Ram Jam Band



Geno originates from Evansville in Indiana, USA and first came to England in the 1960s as part of the US Air Force. His love of Blues and Soul music soon found him jamming with local bands in and around Ipswich and eventually led him to London where he caused a sensation singing with top R&B acts Georgie Fame and the Blue Flames and Zoot Money's Big Roll Band at the legendary Flamingo Club in Soho. The rest, as they say, is history. Geno and The Ram Jam Band is a barnstorming live show that never lets up in intensity or excitement and delivers the goods every time!

LODGE STAGE  
8.00PM (120 MIN)

£27.50



**Surfskate Sessions**



Build your surf and skate skills! North Berwick Community Skatepark Project and Surfskate Academy are staging special training sessions as part of FBTS - an ideal way to get to grips with the biomechanics of the sports. Suitable for absolute beginners or for those aiming to hone their skills. Surfskate included.

Ages 7+. Book at [www.thesurfskateacademy.com](http://www.thesurfskateacademy.com)  
**SKATE PARK**  
 10.00AM, 11.20AM & 12.40PM (75 MIN) **FROM £15**

**Make Mess Matter**



Make Mess Matter are on hand with messy play for under 5s, and slime making for ages 5+ in this mega mess session. Engage the senses and develop skills and coordination through play. Under 5s must be accompanied by an adult with a free ticket. Beware - there WILL be mess!

All ages.  
**LITTLE TOP**  
 10.00AM & 11.15AM (45 MIN)  
 £5 (Child U5) | £5 (Child 5+) | FREE (Accompanying adult)

**Katy Wakefield Barre**



Without the bar! Wake and shake off the night before - join Katy Wakefield from Move Yoga for this fun, upbeat class: low impact moves improve posture, flexibility, balance, stability, endurance and tone. Great tunes - lots of smiles!

Age 16 +. Please bring your own mat.  
**MASTERCLASS TENT**  
 10.15AM (45 MIN) **£10**

**Wool School Craft Corner**

For full details see page 11.  
**WEAVING WONDER TENT**  
 10.30AM-4.00PM **DROP-IN/FREE**

**Heavy Sound CIC**

For full details see page 11.  
**THE CRIB, LODGE GROUNDS**  
 11.00AM-5.00PM **DROP-IN/FREE**

**Pincho - Tapas, Sangria & Beer**

For full details see page 13.  
**PINCHO, LODGE GROUNDS**  
 12.00PM-8.00PM **DROP-IN**

**Adam Frost**



Best known for his successes at RHS Chelsea Flower Show, Adam will explore how his love for the great outdoors started from a young age when he helped on his grandparent's allotment. His fascination with watching plants and vegetables grow, and the wildlife it attracted, has stayed with him ever since. Sharing tales from working with Geoff Hamilton at Barnsdale Gardens, to going solo in 1996 for the rollercoaster ride of designing multiple award-winning show gardens, Adam will also detail why he remains passionate about inspiring adults and children alike to start their own horticultural journeys. Enlightening and engaging, this event promises to leave you eager to head home and get your gardening gloves on.

**BIG TOP**  
 11.00AM (60 MIN) **£12**

**Enjoy bangin' bangers, chart topping pies and sizzling steaks all festival long.**  
**Free local delivery**

[www.andersonsb.co.uk](http://www.andersonsb.co.uk)



6 HIGH STREET, NORTH BERWICK, EAST LOTHIAN EH39 4HQ

**Cal Major**



Dr Cal Major was the first person to stand-up paddleboard the length of the UK from Land's End to John O'Groats. She is an award-winning ocean advocate, veterinary surgeon and founder of the Seaful Charity. Cal went on to paddle around the whole coast of Scotland to highlight the vital importance of the ocean in the climate and biodiversity crises. Her epic 800-mile journey around Scotland's coastline features in a captivating docuseries Scotland: Ocean Nation, streaming now on STV Player. Filmed across 10 gruelling weeks, the series sees Cal battle through wind, waves and weariness to discover more about Scotland's waters, both above and below the surface.

**LODGE STAGE**  
 12.00PM (60 MIN) **£12 | £6 (U16s)**

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 Fenton Barns Retail Village,  
 North Berwick, East Lothian EH39 5AN

**Dick V Dom DJ Battle**



Dick & Dom are a quadruple BAFTA award-winning duo, best known for their series Dick & Dom in Da Bungalow and Are You Smarter than a 10-Year-Old. Here, they battle! Rally the kids, teens, grandparents, everyone, for this afternoon boogie where the duo are pitted against each other to decide who has the best tunes. Expect a lot of laughs and the Dick & Dom trademark chaos.

**BIG TOP**  
 1.30PM (60 MIN) **£12 | £9 (U16s)**

**Fantastic Festival Fun Festival Masks**

For full details see page 25.  
**MASTERCLASS TENT**  
 12.00PM (45 MIN) **£9.50**



**Walk the Toun**  
 For full details see page 14.  
**MEET OUTSIDE SCOTTISH SEABIRD CENTRE**  
 2.00PM (120 MIN) **£5**

Back by popular demand - Mask Making! Come and create something fun/beautiful/wild with the crafty Rock & Bird team. Your mask might be simple or complex but always colourful. All materials provided. Suitable for all abilities.

**Daily Green Dollop**  
 For full details see page 14.  
**ENVIROZONE, LODGE GROUNDS**  
 2.15PM **DROP-IN/FREE**  
**MASTERCLASS TENT**  
 2.00PM & 3.30PM (45 MIN) **£6**  
 | FREE (Accompanying adult)

**Skye McKenna - Hedgewitch**



Join Skye McKenna as we explore the enchanted forest of the Hedge and encounter the magical creatures of Faerie. Learn about curious fungi and the magic of the stars, how to protect yourself from faery tricks and take your Fledgling test to earn your witch's hat!

Recommended for ages 9+.

LITTLE TOP  
2.45PM (60 MIN)

£7

Scottish Seabird Centre

**Dive Into Scotland's Seas**  
Visit the Discovery Experience

www.seabird.org

DISCOVERY EXPERIENCE • BOAT TRIPS  
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Conservation | Education | Community | Experience

Image © Rob McDougall/Scottish Charity number: SC025837

**Samba Drumming Workshop**



Fresh from their visit to New York city leading the Tartan Day parade, the Pulse of the Place samba band are coming to Fringe By The Sea, and they're offering you the chance to join in. This workshop will be high energy and full of funky carnival grooves. Come and join the party!

Ages 8+. Under 10s must be accompanied by an adult.  
Supported by East Lothian Council Arts Service.

LITTLE TOP  
5.00PM (60 MIN)

FREE

**Goby**



Putting energy, emotion and unpredictability in everything they do, Goby are a 3-piece indie band hailing from Edinburgh. Heavily influenced by the catchy, concise pop music of the 60s and 70s, their love of the unusual is coupled with pop sensibilities, resulting in a unique blend of raw but radio ready indie rock.

LODGE STAGE  
7.00PM (60 MIN)

£8

**Travis**



Multi-BRIT award winning band Travis will headline Fringe By The Sea on Saturday August 5th. Recent Travis set lists have included songs from all 9 of their albums. Most recently, the band have toured the classic albums 'The Man Who' and 'The Invisible Band' which achieved 9 times and 4 times platinum status in the U.K. The band's rich tour history includes headline performances at Glastonbury, Isle of Wight and T in the Park, as well as epic festival shows further afield at Japan's Fuji Rock, Corona Capital Mexico City and Coachella in the USA, to name but a few. Support act to be announced. Under 16s must be accompanied by an over 18.

BIG TOP  
8.00PM (180 MIN)

£65

**Egghead's Silly Science Busking**



Experiment-filled, short performances with loads of audience interaction, and a smidge of danger, to entertain all ages. Shows are 10-20 minutes, starting at 3:30pm outside the Scottish Seabird Centre then in The Lodge from 5pm. Drop-by.

VARIOUS  
FROM 3.30PM  
& FROM 5.00PM  
(10-20 MINS) **DROP-IN/FREE**

**Susie McCabe: Femme Fatality**



Following a hugely successful and critically acclaimed run at last year's Edinburgh Festival, Susie McCabe is back on the road! On the back of her TV debuts on Have I Got News for You, Frankie Boyle's New World Order and Question Time, Susie also had a sell out Edinburgh Fringe run and supported Kevin Bridges, Frankie Boyle and Jason Manford on their tours. Now she is back with her BRAND NEW show, Femme Fatality. Likely to be swearing and adult content.

Under 16s must be accompanied by an adult age 18+.

LODGE STAGE  
4.00PM (60 MIN)

£12

**North Berwick Youth Project Beach Walk**



Come adventure with us to Daisy Island for a beachy walk, taking notice of all of the wildlife along the way. Settle down in the sand for a fire and s'mores.

Open to P7s - 18 years.

MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
4.00PM (120 MIN)

FREE

**FUN IS IN THE AIR**

National Museum of Flight Scotland

Book in advance to save  
[nms.ac.uk/flight](http://nms.ac.uk/flight)

National Museums Scotland, Scottish Charity SC011130



### Boho Floral Crown Workshop



This one is for both the grownups and the littles! Guided by Natalie of Sandy Branches, create a forever Boho Floral crown to enjoy throughout FBTS using bright, dried blooms. Made to last. Prepay and pop-by.

Age 5+. Under 12s must be accompanied by an adult with free ticket or paying if making their own crown. Takes approx 45 mins.

MASTERCLASS TENT  
10.00AM (120 MIN) **£15**  
| FREE (Accompanying adult)



### North Berwick Running Tour

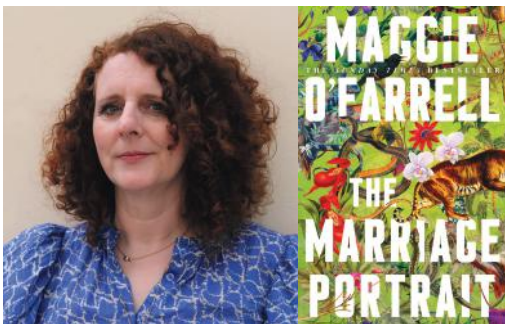


Join local resident and marathon runner Neil Jones on a 4 mile leisurely paced running tour round the town lasting approx an hour. Hear about the North Berwick witches and other fascinating info regarding the town while taking in the wonderful views. Running tips thrown in too! The route will largely be along the beach with a short loop around the town. Wear your normal running gear. Age 18+. Sorry no dogs.

MEET OUTSIDE THE ENTRANCE OF MARINE HOTEL  
10.00AM & 2.00PM (60 MIN) **£12**



### The Marriage Portrait - Maggie O'Farrell



The breathtaking new novel from the author of Hamnet, the Sunday Times No.1 bestseller (2021) and winner of the Women's Prize for Fiction 2020, *The Marriage Portrait* is a dazzling evocation of the Italian Renaissance in all its beauty and brutality. *The Marriage Portrait* is an unforgettable reimagining of the life of a young woman whose proximity to power places her in mortal danger. "O'Farrell is simply outstanding" Guardian, "Her writing is exquisite. Immersive and compelling" Marian Keyes.

LODGE STAGE  
10.45AM (60 MIN) **£10**



### Wool School Craft Corner

For full details see page 11.  
WEAVING WONDER TENT  
10.30AM-4.00PM **DROP-IN/FREE**



### Heavy Sound CIC

For full details see page 11.  
THE CRIB, LODGE GROUNDS  
11.00AM-5.00PM **DROP-IN/FREE**



### Pincho - Tapas, Sangria & Beer

For full details see page 13.  
PINCHO, LODGE GROUNDS  
12.00PM-8.00PM **DROP-IN**



### Alexander the Great Circus Show



Come and join award-winning circus trained artist Alexander the Great for fun-filled interactive circus skills. Try your hand at plate-spinning and juggling. Enjoy gymnastics or dance - come along and try acrobatics.

Suitable for ages 4 to adult.

LITTLE TOP  
10.45AM (60 MIN) **£5**



### Sea Creatures



Come and make a sea creature or two! A crab or a turtle or one that the Rock & Bird team haven't thought of yet! All materials provided. Suitable for all abilities, though there is some fiddly cutting out.

Under 7s must be accompanied by an adult (making their own or if not, with a free ticket!)

MASTERCLASS TENT  
1.30PM (45 MIN) **£6**  
| FREE (Accompanying adult)



### corto.alto



corto.alto is the brain-child of award winning multi-instrumentalist, composer, producer and visual artist Liam Shortall. Liam has worked as a trombonist, guitarist & music producer in Glasgow from the age of 16. He currently works with numerous award winning musical groups and projects in the Scotland such as Graham Costello's STRATA, Scottish National Jazz Orchestra, Tom McGuire & The Brassholes, AKU! & Fat-Suit. Liam's maiden project, corto.alto brings together cross-genre musicians from across the world to explore new and original sounds in the world of Jazz & beyond.

LODGE STAGE  
2.00PM (60 MIN) **£10 | £5 (U16s)**



### Sandcastle Challenge



Buckets and spades at the ready! Families are invited along to West Beach to take part in a sandcastle competition run by Bass Rock Community Group. Prizes for best design and by age.

Each family must include one child 14 or under. Bring your buckets/spades/tools.

Drop-in and pay on arrival.  
MEET BY THE OLD ANCHOR, WEST BEACH  
2.00PM (120 MIN) **£5 (Per family)**



### Walk the Toun

For full details see page 14.  
MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
2.00PM (120 MIN) **£5**



### Daily Green Dollop

For full details see page 14.  
ENVIROZONE, LODGE GROUNDS  
2.15PM **DROP-IN/FREE**



### Make Mess Matter

For full details see page 16.  
LITTLE TOP  
1.15PM (45 MIN) **£5 (Child U5) | £5 (Child 5+)**  
| FREE (Accompanying adult)

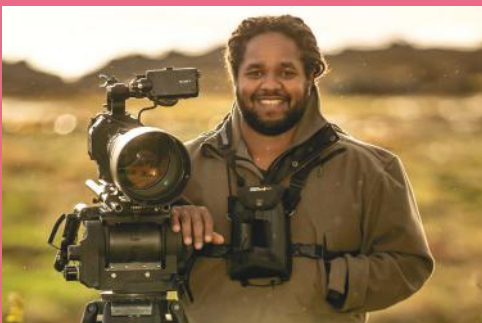


### Wool School: Mending with Millie

For full details see page 15.  
WEAVING WONDER TENT  
5.30PM (90 MIN) **£26**



### Hamza Yassin



Hamza Yassin will discuss a wide range of topics from overcoming adversity with dyslexia to his journey to becoming a wildlife photographer, as well as discussing his Strictly triumph! He'll share beautiful images of his young life in Sudan and all his travels around the world as a cameraman. Hamza will bring his cameras along for the session and will also answer audience questions.

BIG TOP  
12.00PM (60 MIN) **£15 | £7 (U18s)**

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**NORTH BERWICK TRUST**

# HELPING TO MAKE NORTH BERWICK A GREAT PLACE TO BE

- Sustainable
- Resilient
- Inclusive
- Equitable

Formed in 1974 to support and benefit local residents and their dependents, North Berwick Trust is now a well-established grant-maker. Over £1.2 million has been awarded to support 161 North Berwick community projects.

- ✔ Supports community life through grants to local organisations and individuals in need.
- ✔ Consults and engages with local people to shape our plans and priorities
- ✔ Manages assets and land for the benefit of local people
- ✔ Works with partners to create a positive vision for the town's future

## NORTH BERWICK TRUST 'FOREVER FUND'

Grants of up to £32,000 are available for North Berwick organisations, charities and individuals whose projects deliver against the Trust's funding themes.

**Opens 23rd August 2023.**

## YOUNG PERSON'S SCHOLARSHIP

- Are you age 14 – 25?
- Do you live/study in North Berwick?

Grants of up to £10,000 in total are available shared between up to 3 applicants.

**Now open for applications until 3rd October 2023.**

## Block Printing



Learn the basics of lino printing and apply it to printing on fabric. Great for upcycling projects, gifts, and extraordinary upholstery! Everyone will leave a tote bag (printed with their own design), a printing block and knowhow.

Ages 12+. Under 16s must be accompanied by an adult. We'll be using sharp tools. Come in old clothes or bring an apron - there will be mess!

MASTERCLASS TENT  
3.00PM (90 MIN) **£20**

## K.O.G.



Kweku Sackey aka K.O.G (Kweku of Ghana) is a multi-dimensional creative force, combining exquisite writing skills with shamanistic live performance, fierce raps, perfectly on pitch singing across a massive vocal range and some absolutely wicked dance moves. Not to mention his skills as a percussionist, arranger, bandleader and art director. A true poet and storyteller, he uses a mix of English, Pidgin and Ga to paint sonic pictures that reach deep into the souls of everyone ready to listen. "Ghana's finest" – Jools Holland.

BIG TOP  
4.00PM (60 MIN) **£10 | £5 (U16s)**

## North Berwick Youth Project Eco Craft



Get crafty with Rebekah reusing and recycling with caring for our environment at its heart - to create festival crowns and a bottle carrier (bring your favourite re-useable water bottle). For P7s - 18 years.

LITTLE TOP  
4.00PM (120 MIN) **FREE**

## Hollie McNish, Michael Pedersen & Withered Hand



Hollie is a Sunday Times bestselling author who won the Ted Hughes Award for New Work in Poetry for her poetic parenting memoir 'Nobody Told Me', of which The Scotsman stated: "The World Needs this Book". Her poetry collections include 'Papers', 'Cherry Pie', 'Plum' and her most recent memoir 'Slug... and other things I've been told to hate', covering grief, otters, grandmothers and Finnish saunas among other topics. Michael is a prize-winning Scottish poet and author. His prose debut, 'Boy Friends', was published to rave reviews - it was a Sunday Times Critics Choice. "Riotously funny", Sunday Times. They are joined by Edinburgh-based cult-indie songwriter Withered Hand who is back with his first new album in 9 years, 'How to Love'; "as life affirming as music gets", The Herald.

LODGE STAGE  
5.45PM (90 MIN) **£10**

## Just The Tonic Comedy Club presents Dylan Moran



Star of Black Books, and general stand up legend Dylan Moran headlines the first of our comedy club shows presented by Just The Tonic.\*\*\* Evening Standard "High-octane riffs from Irish master of grumpiness...spellbinding" \*\*\*\* The Times "Funny and fascinating, and utterly deserving of his place in the modern classics". Additional acts and a compere are to be announced. Dylan Moran's set features as part of the comedy club performance with additional acts and intervals.

Over 14s advised. Under 16s must be accompanied by adult age 18+.  
BIG TOP  
7.30PM (120 MIN) **£18**



**Write a Song!**  
(ages 5-7)



Introduction to songwriting and creative skills with Shuna Cook. This workshop will involve singing and creative warm ups as well as creating original lyrics. As a group we will either rewrite a song or create an original short song which we will perform at the end. This workshop aims to encourage musical creativity and confidence in the songwriting process.

Suitable for ages 5-7.

Supported by East Lothian Council Arts Service.

**LITTLE TOP**  
10.00AM (60 MIN) **FREE**



**Katy Wakefield Yoga**



Join Katy Wakefield from Move Yoga for this creative yoga flow class. Move between yoga poses, warm and connect with your body, your breath and finish with a relaxing savasana rest.

Age 16+. All abilities. Please bring your own mat.

**MASTERCLASS TENT**  
10.15AM (45 MIN)

**£10**



**Rockpool Ramble**



Discover the amazing wildlife that can be found in the rockpools of North Berwick! Enjoy a brief talk followed by a guided ramble along the nearby rocky shore. You'll be amazed by the variety of life and the different adaptations of the creatures you meet.

Children under 16 must be accompanied by an adult. Participants must dress appropriately for the shore (e.g. shoes with good grip, warm clothing, sunscreen if necessary).

**MEET AT SEABIRD CENTRE**  
11.00AM (90 MIN) **£10**  
| **£7.50** (U18s)



**North Berwick Running Tour**

For full details see page 20.  
**MEET OUTSIDE THE ENTRANCE OF MARINE HOTEL**  
10.00AM & 2.00PM (60 MIN) **£12**



**Wool School Craft Corner**

For full details see page 11.  
**WEAVING WONDER TENT**  
10.30AM-4.00PM **DROP-IN/FREE**



**Heavy Sound CIC**

For full details see page 11.  
**THE CRIB, LODGE GROUNDS**  
11.00AM-5.00PM **DROP-IN/FREE**



**Write a Song!**  
(ages 8-12)



Introduction to songwriting and creative skills with Shuna Cook. This workshop will involve singing and creative warm ups as well as creating original lyrics. As a group we will either rewrite a song or create an original short song which we will perform at the end. This workshop aims to encourage musical creativity and confidence in the songwriting process.

Suitable for ages 8-12.

Supported by East Lothian Council Arts Service.

**LITTLE TOP**  
11.30AM (60 MIN) **FREE**



**Lunchtime with Glenn – Alistair Darling**



Alistair Darling served as Chancellor during the most turbulent and far-reaching economic crisis the world had seen for 60 years. He played an important role in restoring stability to global markets, then fronted the campaign for Scotland to remain part of the UK. Having left parliament after twenty-eight years, and after leading the campaign to keep Scotland in the UK, Alistair now looks at the events in Westminster and the financial markets with a new perspective. Alistair will be in conversation with BBC Scotland political editor Glenn Campbell.

**BIG TOP**  
12.00PM (60 MIN)

**£10**



**Fantastic Festival Fun**



Get festival ready and create your own headpiece with vine and feathers to celebrate Summer. Learn to twist wire into a personal shape to suit your head size, then decorate it with leaves, flowers and ribbons. The perfect, stylish accessory for all Fringe By The Sea kids!

Suitable for primary school age children.

**MASTERCLASS TENT**  
12.15PM (45 MIN) **£9.50**



**Mr Boom**



Mr Boom - the popular one man band from the moon has been visiting Planet Earth for over 30 years. His imaginary space ship has landed throughout Scotland and at festivals worldwide. Always game for spontaneous banter, Mr Boom invokes wholehearted, uninhibited participation in a musical show full of fun. You'll never be too old to enjoy Mr Boom. "Mr Boom's experience shines through" - The Adelaide Advertiser.

**LODGE STAGE**  
11.00AM (60 MIN)

**£5**

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**Seaside Science**



Budding scientist? Deepen your knowledge of the oceans with marine-themed experiments from the Scottish Seabird Centre team. Hands-on and fun!

Ages 6+ only.

**SCOTTISH SEABIRD CENTRE**  
1.30PM (45 MIN) **£7.50**



**North Berwick in Bloom Coastal Walk**



Join volunteers from NB in Bloom on a walk to explore the flowers and plants of the coast. Donations welcome.

**MEET OUTSIDE SCOTTISH SEABIRD CENTRE**  
2.00PM (60 MIN)

**FREE**

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**Zumba Gold**



Fun, low impact, easy to follow, Latin style dance class. Hot tunes and cool moves. Suitable for all fitness levels – take the class at your own pace.

LITTLE TOP  
2.00PM (60 MIN)

£5



**I've Got You Under My Skin: The Songs of Cole Porter**



Philip Contini sings your favourite, unforgettable, classic songs of Cole Porter, one of the greatest composer-lyricists of the 20th century, accompanied by the sensational 6-piece Be Happy Band. Fringe By The Sea favourites, Philip and band will perform hits such as Night and Day, Let's Do It, Anything Goes, I've Got You Under My Skin, I Love Paris, Begin the Beguine, So in Love and more – with anecdotes of the colourful, flamboyant life of the great Cole Porter. "Contini's fresh enthusiasm will blow over you like a sweet summer breeze", The Scotsman. Under 16s must be accompanied by an over 18.

LODGE STAGE  
2.30PM (60 MIN)

£15



**North Berwick Youth Project Yoga**



Drop into the Youth Zone for a very chilled session of mindfulness activities and Yoga to prepare you for a night of relaxation and chill.

For P7s - 18 years.  
MASTERCLASS TENT  
4.00PM (120 MIN)

FREE



**The Colourful World of Emily McKenzie**



Dive into a world of vivid imagination as multi-talented author and illustrator Emily McKenzie talks about her colourful children's books featuring lovable animal characters like Ralfy Rabbit, Eric the Panda and Stanley the Amazing Knitting Cat. Be enthralled as Emily reads from one her books and unleash your inner artist as Emily shows you how to draw one of her adorable animals.

Best for ages 4-8.  
LITTLE TOP  
4.00PM (60 MIN)

FREE



**Pincho - Tapas, Sangria & Beer**

For full details see page 13.  
PINCHO, LODGE GROUNDS  
12.00PM-8.00PM  
DROP-IN



**Walk the Toun**

For full details see page 14.  
MEET OUTSIDE SCOTTISH  
SEABIRD CENTRE  
2.00PM (120 MIN)

£5



**Daily Green Dollop**

For full details see page 14.  
ENVIROZONE, LODGE GROUNDS  
2.15PM  
DROP-IN/FREE



**The Haddington Musical Mill Company: Shrek Junior The Musical**



Based on the award-winning film and Broadway musical. It's a "big bright beautiful world" as everyone's favourite ogre, Shrek, leads a cast of fairy tale misfits on an adventure to rescue a princess and find true acceptance. Part romance and part twisted fairy tale, Shrek JR. is an irreverently fun show with a powerful message for the whole family.

Suitable for all ages.  
BIG TOP  
5.00PM (60 MIN)

£10 | £6 (U18s)



**Wool School: Introduction to Macrame**



Learn about the origins of this decorative knotting art which dates back to the 13th century and then try out the basic Macrame techniques which can be used to make so many things...from plant pot hangers and wall hangings to jewellery. All materials will be provided.

For age 16 and upwards.

WEAVING WONDER TENT  
5.30PM (90 MIN)

£26

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**Sounds of Scotland**



‘O sounds of Scotland, when will we hear your like again...?’ On 7th August at Fringe By The Seal From small pipes to the great highland pipes and drums, to accordions, fiddles and singing – the diversity and vibrancy of Scotland’s musical heritage is showcased in this packed evening of Scottish sounds brought to you by North Berwick Pipe Band and special musical guests, plus highland dancers from Dunedin Dance Academy. All audience donations from this performance will go to East Lothian Food Bank.

LODGE STAGE  
6.00PM (90 MIN)

DONATIONS



**Aly Bain & Phil Cunningham**



Fan favourites and two of the most celebrated musicians on the traditional music scene, accordionist Phil Cunningham and fiddler Aly Bain return to the Big Top. Bringing their musical magic and quick-witted humour they'll be pulling your emotional heart strings one moment and have you falling off the seat with laughter the next. Support from singer songwriter Kirsten Adamson.

BIG TOP  
7.45PM (105 MIN)

£15

Entrance/Exit

TO:  
Scottish  
Seabird  
Centre,  
North  
Berwick High  
Street, train  
station and  
the sea.

Lodge Bar



Pincho



Masterclass  
Tent



Couters  
'Open  
Doors'  
Couters  
Makers  
Market



First Aid

Lost children  
and lost property



Night Owl  
Bookshop



Box Office

Entrance/  
Exit



Lodge Stage

Toilets



Little Top



Weaving  
Wonder Tent

NORTH BERWICK  
TRUST

North Berwick  
Trust Hub



Street Food Village

Dog  
Water  
Station



Bike Rack



The  
Lighthouse  
Live Stage

Toilets

Envirozone

Entrance/Exit

TO:  
St. Baldreds Road  
and Skatepark



Accessibility  
Entrance Point

The Crib

Margarita  
Station

Hum  
Snack

Glenmorangie  
Tuk-Tuk

Big Top Bar

Toilets

Garden Bar

Garden Bar



Big Top

### The Lodge Grounds

The Lodge Grounds is our hidden secret. Tucked away in the heart of North Berwick, only a 10-minute walk from the train station, it's home to a beautiful aviary, wide open spaces, mature trees, a lavender garden, views of North Berwick Law and the Bass Rock, and a children's play area. We will be working hard to take care of the event site and ask that everybody who comes to visit treats it with respect. Please also leave the site quietly when our events finish late at night.





### Stories & Rhymes with North Berwick Library Drop-In



The team from North Berwick Library invite you to drop-in for storytime, Bookbug and craft sessions for children of all ages and their families.

**NORTH BERWICK LIBRARY**  
10.00AM (120 MIN) **DROP-IN /FREE**



### Let's Chat the Change



A conversation on complementary and traditional approaches for (peri)menopausal wellbeing. Join a panel discussion on how you can feel better going through (peri)menopause. The North Berwick Menopause Café in conjunction with local health and wellness practitioners share their insights and expertise on how you can fully embrace the new version of you. Rediscover your relationship with yourself in a safe, supportive space.

Feel free to send questions to the panel in advance [thechangepanel@gmail.com](mailto:thechangepanel@gmail.com)  
**LODGE STAGE**  
10.30AM (60 MIN) **FREE**



### From the Top!



Premier local dance school Freedom and Form Dance Training celebrates its tenth year with their 3rd outing at Fringe By The Sea. From the Top! displays a mixture of dance genres for all ages tucked inside the Big Top tent. With performers ranging from 6 years to 60+ years, you are sure to be delighted and inspired by this show. A joyful hour of high-quality dance choreography and incredible local dance talent which will put a spring in your step and a groove in your festival.

**BIG TOP**  
11.30AM (60 MIN) **£8 | £5 (U16s)**



### Ezee Riders E-Bike Tour



This guided e-bike Tour sets out from the Lodge Grounds along quiet country roads and the John Muir Way to Sea Cliff Beach, one of East Lothian's most picturesque beaches. We then head back inland to Balgone Lake, before taking the scenic back roads and returning to the Lodge, in under two hours. A fun and easy way to explore the local surroundings.

Ages 14+. Under 18s must be accompanied by an adult. Terrain: offroad cycle paths and quiet roads. All fitness levels. Price includes guide, ebike and helmet. T&Cs apply.

**MEET AT FBTS BOX OFFICE**  
11.00AM (120 MIN) **£45**



### Friends and Traitors - Helen Peters



OH MY GIDDY AUNT! Step back in time to soaring Spitfires and daring liars with master middle grade storyteller Helen Peters, in this incredibly evocative event inspired by the captivating adventure, Friends and Traitors. Get stuck in like Sidney and Nancy and work with Helen to crack your very own never-been-solved WW2 mystery – but can you piece together the clues and unlock the secrets before it's too late? Because if you fail, history may never be the same...

Recommended for age 7+.  
**LITTLE TOP**  
12.45PM (45 MIN) **£7**



### Introduction to Music Technology



Technology is more widespread and cheaper than ever, and it is a must for any musician, no matter the stage of their career. During the workshop you will create an idea from scratch and produce it professionally in a collaborative and open environment. Open to anyone with music interests-no previous knowledge needed.

For ages 12-16.  
Supported by East Lothian Council Arts Service.  
**LITTLE TOP**  
2.45PM (120 MIN) **FREE**



### African Dance Workshop



Ghanaian master dancer Adie Baako is a great dancer and a fun teacher. He will show you traditional Ghanaian dance moves and put together a whole dance you can perform together at the end of the session. You are guaranteed to have a fun time moving in a new way which will have you buzzing for the rest of the day.

Ages 8+. Under 12s must be accompanied by an adult.  
Supported by East Lothian Council Arts Service.  
**MASTERCLASS TENT**  
1.00PM & 4.00PM (60 MIN) **FREE**



### North Berwick Running Tour

For full details see page 20.  
**MEET OUTSIDE THE ENTRANCE OF MARINE HOTEL**  
10.00AM & 2.00PM (60 MIN) **£12**



### Surfskate Sessions

For full details see page 16.  
**SKATE PARK**  
10.00AM, 11.20AM & 12.40PM (75 MIN) **FROM £15**



### Rockpool Ramble

For full details see page 24.  
**MEET AT SEABIRD CENTRE**  
12.00PM (90 MIN) **£10**  
**| £7.50 (U18s)**



### Heavy Sound CIC

For full details see page 11.  
**THE CRIB, LODGE GROUNDS**  
11.00AM-5.00PM **DROP-IN/FREE**



### Make Mess Matter

For full details see page 16.  
**LITTLE TOP**  
10.00AM (45 MIN) **£5 (Child U5)**  
**| £5 (Child 5+)**



### Wool School Craft Corner

For full details see page 11.  
**WEAVING WONDER TENT**  
10.30AM-4.00PM **DROP-IN/FREE**



### Walk the Town

For full details see page 14.  
**MEET OUTSIDE SCOTTISH SEABIRD CENTRE**  
2.00PM (120 MIN) **£5**



### Pincho - Tapas, Sangria & Beer

For full details see page 13.  
**PINCHO, LODGE GROUNDS**  
12.00PM-8.00PM **DROP-IN**

### Patrick Grant: In Conversation



The Great British Sewing Bee's Patrick Grant has a lot to say about clothes; how many we buy, how we value them, what they're made from, and importantly who made them and where. His campaigning clothes brand Community Clothing supports local clothing and textile manufacturers across the UK and Patrick is an outspoken advocate for radical change in the fashion and clothing industry, for moving beyond sustainable to circular and regenerative.

**BIG TOP**  
2.00PM (60 MIN) **£12**



Book a holiday, short break or weekend away by the coast and in the countryside at Gilsland Caravan Park in North Berwick. Enjoy special time with friends and family whilst you explore the sunniest place in Scotland - East Lothian!



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### North Berwick Tyne & Esk Writers



The members of the North Berwick Group of Tyne & Esk Writers invite you to join them at one of their meetings to chat about creative writing and the stimulation and support to be gained from being part of a writers group.

NORTH BERWICK LIBRARY  
2.00PM-4.00PM **DROP-IN/FREE**



### North Berwick in Bloom Lodge Tour



Join NB in Bloom volunteers in the Lodge to explore the traditional rockery, tropical bed, ornamental rose garden and formal beds. Donations welcome.

MEET AT FBTS BOX OFFICE  
2.00PM (60 MIN) **FREE**



### The Mill Youth Theatre Present



A double bill of two youth theatre plays commissioned by the National Theatre for their prestigious Connections Festival. *The Musicians* by Patrick Marber: North Berwick High School Orchestra have been invited to play in Moscow in front of an audience of cultural bigwigs. *Sparkleshark* by Philip Ridley: Jake the school geek hides on the roof of a tower block to write stories but is confronted by the gang and has to fight for his life by writing his best story yet! There will be an interval during this event.

LODGE STAGE  
3.00PM (100 MIN) **£12**



### North Berwick Youth Project Stop Motion Film Making



Join us on a nature scavenger hunt. We'll use our finds as props to make a short animation film.

Open to P7s to 18 years.  
MEET AT FBTS BOX OFFICE  
4.00PM (120 MIN) **FREE**



### Daily Green Dollop

For full details see page 14.

ENVIROZONE, LODGE GROUNDS  
2.15PM **DROP-IN/FREE**



### Wool School: Mending with Millie

For full details see page 15.  
WEAVING WONDER TENT  
5.30PM (90 MIN) **£26**



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### Remembering North Berwick Outdoor Pool



For almost 100 years, North Berwick Outdoor Pool was a focal point for the community, until its closure in 1995. Celebrating the memories and legacy of the pool, we invite you to the first showing of Ann Reilly's short film 'Shivery Bites', a nostalgic look through never-before seen archive footage and interviews with those who swam in the pool and loved it. It's a story of friendship, sadness and, ultimately, of hope. The screening will be followed by a talk with Ann Reilly and guests with host Kylie Reid. Photo copyright Elspeth Lamb. Film supported by North Berwick Trust.

LODGE STAGE  
7.00PM (60 MIN) **FREE**



### The Gospel Choir, North Berwick and Sister Sister Choir



Join us for an uplifting and soulful performance by the North Berwick Gospel Choir. Our amateur community choir will fill the air with beautiful harmonies and powerful vocals that will touch your heart and lift your spirits with songs that will make you want to clap, dance, and sing along. Supported by the newly formed Sister Sister Choir who will take the stage and empower us with female inspired anthems!

Raising money for East Lothian Foodbank & Marie Curie Hospice.  
BIG TOP  
7.00PM (90 MIN) **£7**



### Wild Women Don't Have The Blues



The blues and early jazz was spread across America by a pioneering bunch of musicians in the late 1800s and was firmly established during the prohibition years. Come experience the highlights of this passionate roots music with an all-star international band (featuring two Americans) who not only play the music authentically but who know the history of these times inside and out.

LODGE STAGE  
8.45PM (60 MIN) **£15**

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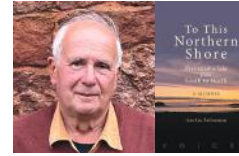
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## Jean-Luc Barbanneau - To This Northern Shore



In this recently published memoir, local author Jean-Luc Barbanneau looks back on his eventful life. He evokes movingly his boyhood in war-torn Algeria and his family's exile to provincial France. Student days at the time of the 1968 protests in Paris are followed by a move to Brighton and taking up British nationality. After a career in publishing in London and Oxford, Brexit leads him to find a haven in the more congenial environment of Scotland. It is a story about embracing life fully and also reflecting on it, told in short, easily readable and often humorous pieces.

LODGE STAGE  
10.00AM (60 MIN)

£6



## 13 The Musical Dance Workshop



Join us for a fun, energetic dance workshops to 'Brand New You' from 13 The Musical (film version). Suitable for ages 10 – 18 years old. No previous dance experience necessary. Please wear trainers and comfortable clothes you can move in (no flip flops/sandals) and bring water!

Supported by East Lothian Council Arts Service.

LITTLE TOP  
10.00AM (120 MIN)

FREE



## Ocean Drop-In



The Scottish Seabird Centre Learning Team are on hand with a range of challenges relating to Scotland's amazing marine environment. All welcome.

MASTERCLASS TENT  
10.30AM (90 MIN)

DROP-IN/FREE



## Wool School Craft Corner

For full details see page 11.

WEAVING WONDER TENT  
10.30AM-4.00PM DROP-IN/FREE



## Heavy Sound CIC

For full details see page 11.

THE CRIB, LODGE GROUNDS  
11.00AM-5.00PM DROP-IN/FREE



## Ezee Riders E-Bike Tour

For full details see page 31.

MEET AT FBTS BOX OFFICE  
11.00AM (120 MIN)



£45



## Pincho - Tapas, Sangria & Beer

For full details see page 13.

PINCHO, LODGE GROUNDS  
12.00PM-8.00PM DROP-IN



## Artie's Singing Kettle Silly Songs



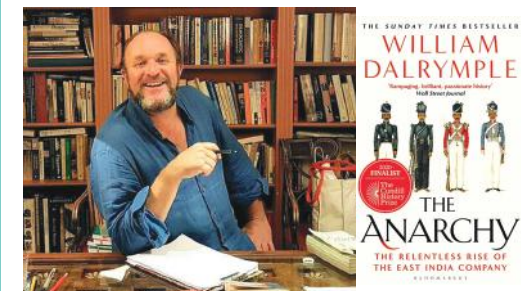
In a brand new show for 2023 the Singing Kettle's founder Artie dusts off the kettles and asks the audience to join in the rhyme. 'Spout, handle, lid of metal, What's inside the Singing Kettle'. Inside lies clues to the silliest songs he can remember from the vast Singing Kettle repertoire: 'Little Bunny Fou Fou', 'We're going on a Bear Hunt' and, of course, 'Ye Cannae Shove Yer Granny aff the Bus'. Don't forget to wear a Funny Hat to the show – older fans too. It all helps the party atmosphere. Nostalgia for adults and singalong fun for kids!

BIG TOP  
11.00AM (60 MIN)

£9



## William Dalrymple



William Dalrymple, who was born and brought up in North Berwick, is the bestselling author of the Wolfson Prize-winning White Mughals, The Last Mughal, which won the Duff Cooper Prize, and the Hemingway and Kapucinski Prize-winning Return of a King. His most recent book, The Anarchy, was long listed for the Baillie Gifford Prize 2019, and short listed for the Duke of Wellington medal for Military History, the Tata Book of the Year (Non-fiction) and the Historical Writers Association Book Award 2020. It was a Finalist for the Cundill Prize for History and won the 2020 Arthur Ross Medal from the US Council on Foreign Relations.

LODGE STAGE  
12.15PM (60 MIN)

£10



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## Championing North Berwick's Environment and Heritage



The North Berwick Environment and Heritage Trust brings together members of the community who want to conserve and enhance all that is special about North Berwick promoting understanding and enjoyment of the town and surrounding areas. Current projects include St Andrew's Kirk Ports, pARTicipate (an arts-activist project centred around the phone cabins at the west end of High Street), a new series of heritage guides, and work on short-term holiday lets. Pop along and find out how you can be 'hands on' in championing our lovely town.

MASTERCLASS TENT  
1.00PM (120 MIN) **DROP-IN/FREE**

## Adventures with Abi Elphinstone



From dog-sledding in the Arctic to living with the Kazakh Eagle Hunters in Mongolia, bestselling children's author Abi Elphinstone will be talking about the real-life adventures behind her stories. She'll be speaking about her latest book, Saving Neverland – a modern, magical sequel to Peter Pan – complete with moonpaper maps, frostbears and a woolly mammoth called Armageddon. And she'll be showing kids just how easy it is to leap into stories of their own.

Recommended for ages 7-12.

LITTLE TOP  
2.00PM (60 MIN)

£7

## Walk the Toun

For full details see page 14.  
MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
2.00PM (120 MIN)

£5

## Seaside Science

For full details see page 25.  
SCOTTISH SEABIRD CENTRE  
2.15PM (45 MIN)

£7.50

## Daily Green Dollop

For full details see page 14.  
ENVIROZONE, LODGE GROUNDS  
2.15PM **DROP-IN/FREE**

## Wool School: Introduction to Macrame

For full details see page 27.  
WEAVING WONDER TENT  
5.30PM (90 MIN)

£26

## Mark Beaumont - Endurance



Mark Beaumont holds the record for cycling round the world, completing his 18,000-mile route on 18 September 2017, having taken less than 79 days. His adventures have taken him to over 100 countries over the past 20 years, making him one of the most respected ultra-endurance athletes on the planet. Endurance is a complete 244-page guide to riding any distance, from 50 miles to a circumnavigation of the globe. Covering everything from psychology, planning, bike set-up, equipment, training and nutrition and much, much more, Endurance will help inspire, empower and equip you to realise your riding dreams one simple pedal stroke at a time.

BIG TOP  
1.45PM (60 MIN)

£12 | £6 (U18s)

## Sound Effects



Likened to Kate Bush, Anna Meredith and Bjork, Esther Swift combines her love of folk, jazz, classical and all things in between in this exciting performance, commissioned for Celtic Connections. Masterful instrumentalists Emma Lloyd (viola, violin), Patrick Kenny (trombone and alghorn), Esther Swift (harp and voice) and Owen Williams (multiple percussion and drums) share the stage with electronic musician Matthew Collings to explore intimate and epic soundscapes through rich harmonies, flowering textures, improvisations and pre-sampled soundscapes.

LODGE STAGE  
6.00PM (60 MIN)

£15

## Move To Feel



Move To Feel is an innovative journey into movement, creativity, and wellbeing. It's an intuitive movement practice which invites you to move, dance, sense, play and connect with yourself. You'll receive silent disco headsets which create a fun and intimate feeling, whilst live guidance and music will offer an immersive experience. Whether this sounds right up your street, or way out of your comfort zone, it is for you!

Ages 16+. Bring a yoga/mat and open mind.

LITTLE TOP  
3.45PM (60 MIN)

£14


## North Berwick Youth Project Urban Nature Photography



Join us on a wander around the local area. Through smart phone lens, we'll discover what nature exists in North Berwick town centre.

Ages P7 - 18 years.

MEET AT THE FBTS BOX OFFICE  
4.00PM (120 MIN) **FREE**



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### Glenmorangie Tasting Masterclass



Deep dive into the wondrous world of Glenmorangie's delicious single malt Scotch whiskies, with Head of Education TJ Littlejohn. Discover the Highland Distillery's flagship expression Glenmorangie Original, alongside the ever-popular Glenmorangie Lasanta, before rounding off the tasting with the infinitely complex Glenmorangie 18 Years Old.

MASTERCLASS TENT  
6.00PM (60 MIN)

£10



### Enviro Futures: Ocean Plastic Pots



Hear the inspirational story of Ocean Plastic Pots sustainable plant pots, made in Scotland from 100% recycled rope and fishing net. Created by Deepsea Diver Ally Mitchell after salvaging a ship filled with waste plastic of the west coast of Scotland during lockdown. Find out how the waste rope and net is turned into the pots and about the resulting circular economy. Ocean Plastic Pots have collection program at Dunbar Harbour and recycled all the rope and fishing net collected for World Ocean Clean Up Day from Edinburgh to the Scottish Borders.

SCOTTISH SEABIRD CENTRE  
6.00PM (60 MIN)

£10



### Elkie Brooks



One of the most successful and popular singers the UK has produced, Elkie intertwines blues and jazz for a stunning performance – her only Scottish show of 2023. Now in the sixth decade of her career, Elkie is still proving to be one of the most powerful and versatile vocal talents of our generation. Elkie will be performing her biggest hits including 'Pearls A Singer', 'Lilac Wine', 'Fool (If You think It's Over)', 'Don't Cry Out Loud' and 'No More The Fool' as well as many more featured on her recent hit album 'Elkie Brooks – Pearls – The Very Best Of'.

BIG TOP  
7.30PM (120MIN)

£25



### We Got Nuts Presents The Greatest Showman (PG)



Come down to We Got Nuts immersive cinema experience and enjoy the Greatest Showman like never before. A unique way to enjoy this magical film where food takes centre stage. You will be welcomed with a pre-cinema drink, canapés and a beautiful box containing numbered sweet treats to be consumed when prompted by our resident ring master. This event is a one off and a feast for all the senses. Get ready to be thrilled. Running time 2 hours. Please bring a cushion and blanket if it's chilly. Unfortunately we cannot accommodate allergies.

LITTLE TOP  
8.45PM (135 MIN)

£35



### Boozy Book Club – Karen Campbell



Every month, Kirsty from The Boozy Book Club chooses a book she loves, pairs it with a cocktail and then meets online with members and the author to drink and discuss. She is back with cocktails for everyone and book chat galore for the third year with FBTS with guest author Karen Campbell whose novel Paper Cup is about how easy it is to fall through the cracks. Described as "exquisitely written" and "a joyous read". Ticket prices includes cocktail or alcohol free drink.

LODGE STAGE  
9.30PM (60 MIN)

£15



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### Kundalini Yoga with Gong Relaxation



Experienced local yogi and therapist Jo McCoy leads this deep restorative session. This blissful 90 minutes will start with a gentle warming up of the body, some calming breath work and then a relaxing Yoga Nidra journey incorporating the powerful sound vibrations of the Gong. No experience is necessary, just bring your presence and willingness to let go, allowing this deep relaxation to boost your well-being. Bring a mat or towel.

Ages 18+.  
BIG TOP  
10.15AM (90 MIN) £20



### North Berwick Trust



North Berwick Trust is a local charity helping make the town a great place to be. The Trust is a key supporter of Fringe By The Sea through its grant scheme - helping bring the Festival Hub to life! Trustees Sir David Tweedie and Dr Libby Morris will outline the Trust's vision and plans for the future, and there'll be chance to hear from some of the groups who've received grant funding - Scottish Seabird Centre, North Berwick Harbour Trust, North Berwick Environment & Heritage Trust, North Berwick Youth Project and Fringe by the Sea.

LODGE STAGE  
10.15AM (60 MIN) FREE



**NORTH BERWICK HOLIDAYS**  
www.northberwickholidays.co.uk

Westgate, North Berwick, EH39 4AG



### North Berwick Youth Project Eco Craft



Get crafty with Rebekah reusing and recycling with caring for our environment at its heart - to create festival crowns and a bottle carrier (bring your favourite re-useable water bottle).

For P7s - 18 years.  
MASTERCLASS TENT  
2.00PM (120 MIN) FREE



### Coastal Wildlife Tour



Join the Scottish Seabird Centre's Conservation Officer for a relaxing 1.5 hour wildlife tour along the coast to find out more about the seabirds, shorebirds, and cetaceans that can be spotted around Scotland.

Ages 16+.  
SCOTTISH SEABIRD CENTRE  
2.00PM (90 MIN) £7.50



### Megan McCubbin – An Atlas of Endangered Species



Megan is a zoologist, wildlife TV presenter and author, well-known for presenting BAFTA award winning BBC Springwatch and BBC1's Animal Park. Her book An Atlas of Endangered Species explores the latest science, whether it be a hands-off or Jurassic-Park approach. In the midst of a biodiversity and climate crisis, there is a lot to discuss and it can feel overwhelming! So, this talk is all about hope and empowerment. Meet the species on the brink and the people trying to save them; from the conservation of the functionally extinct northern white rhinos to the protection of the snow leopard and kakapo.

BIG TOP  
2.15PM (60 MIN) £12 | £6 (U18s)



### Bookbug

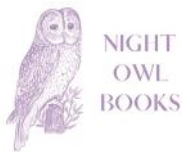


Join North Berwick Library staff for a special festival Bookbug session. Rhymes and stories are intended for under 5s, but older siblings are very welcome to come along (one adult must stay with child/children).

MASTERCLASS TENT  
10.30AM (30 MIN) FREE



### Night Owl Book Swap



Join Night Owl Books at Fringe By The Sea for a free charity book swap! We invite you to bring along a book that you'd like to swap, along with a donation for East Lothian Foodbank, such as tinned soup, rice pudding, or pasta sauce. Why not grab a tea or coffee from Fringe By The Sea's Street Food hub to enjoy while chatting to fellow bookworms, and exchanging books? Please bring no more than one book to swap. Free event, please register. Open to all ages.

Under 12s must be accompanied by an adult.

MASTERCLASS TENT  
12.00PM (60 MIN) FREE



### Sean Lusk - The Second Sight of Zachary Cloudesley



Award-winning short story writer and winner of the Manchester Fiction Prize, Sean Lusk talks about falling down rabbit holes and the perils of historical research. He'll be delving into the process of researching his prize-nominated debut novel The Second Sight of Zachary Cloudesley and what he learned of 18th century midwifery, wet nursing, of twelve days that vanished from the calendar, of Jacobites, of a clockwork space race fought between Britain and France, and of gay lives lived both secretly and openly. No rabbits will be harmed in this event.

LODGE STAGE  
1.00PM (60 MIN) £8



### Alexander the Great Magic Show



Come and join award-winning magician Alexander the Great for 1 hour of fun-filled interactive magic show and balloon animals for all children attending.

Suitable for ages 4 to adult.  
LITTLE TOP  
1.10PM (60 MIN) £5

**THE LIST**  
YOUR MONTHLY ARTS AND CULTURE GUIDE

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FOR UP TO DATE EVENT INFORMATION



### Wool School Craft Corner

For full details see page 11.  
WEAVING WONDER TENT  
10.30AM-4.00PM DROP-IN/FREE

### Pincho - Tapas, Sangria & Beer

For full details see page 13.  
PINCHO, LODGE GROUNDS  
12.00PM-8.00PM DROP-IN



### Seaside Science

For full details see page 25.  
SCOTTISH SEABIRD CENTRE  
10.45AM (45 MIN) £7.50

### Walk the Town

For full details see page 14.  
MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
2.00PM (120 MIN) £5



### Ezee Riders E-Bike Tour

For full details see page 31.  
MEET AT FBTS BOX OFFICE  
11.00AM (120 MIN) £45

### Daily Green Dollop

For full details see page 14.  
ENVIROZONE, LODGE GROUNDS  
2.15PM DROP-IN/FREE



### Heavy Sound CIC

For full details see page 11.  
THE CRIB, LODGE GROUNDS  
11.00AM-5.00PM DROP-IN/FREE

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**Zumba Kids**



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Suitable for 6 to 11 years.

LITTLE TOP  
3.15PM (45 MIN)

£5

**Jonny Williams & The Last Rangers**



"Cymrucana"... originally from the valleys of South Wales, Jonny is now based in North Berwick and was formerly the frontman of Brighton's rhythm rockers 'The Sign-on Valley Rangers'. He is a well-travelled singer-songwriter who has just released his second album 'Freedom Rose' with Shoreham's 'Long Way Home Music'. Jonny is currently playing around the UK with his band 'The Last Rangers' - a blend of melodic, Americana-style tunes and the band's rocking approach.

LODGE STAGE  
3.45PM (60 MIN)

£7

**The North Berwick Musical Mill Company: Shrek Junior The Musical**



Based on the award-winning film and Broadway musical. It's a "big bright beautiful world" as everyone's favourite ogre, Shrek, leads a cast of fairy tale misfits on an adventure to rescue a princess and find true acceptance. Part romance and part twisted fairy tale, Shrek JR. is an irreverently fun show with a powerful message for the whole family. Suitable for all ages.

BIG TOP  
5.30PM (60 MIN)

£10 | £6 (U18s)

**Maybe You Hear Nothing**



North Berwick-based film collective Room 8 Studio is back with documentary short 'Maybe You Hear Nothing'. Directed by Holger Mohaupt, this film is a portrait of a local female farmer who runs a small holding in East Lothian with passion and love for her animals. Slow, sensitive cinema that inspires us to reflect on the challenges of contemporary farming and our shared ambitions for a sustainable future. Before the screening, the audience will have a chance to experience some of Room 8's new immersive research films. Drop-in from 5pm. Screening begins at approx 6pm.

LITTLE TOP  
5.00PM (120 MIN)

FREE

**Glenmorangie Tasting Masterclass with Food Pairings**



Discover three of Glenmorangie's range of single malt Scotch whiskies, accompanied by delicious food pairings from some of East Lothian's finest local producers.

MASTERCLASS TENT  
6.00PM (60 MIN)

£12.50

**Alien Species by Dudendance**



Plastic waste is having an irreversible, devastating effect on the planet especially in the sea. Dudendance imagine a new Alien Species emerge when plastics mutate into living beings. This new outdoor performance combines organic forms with artificial materials - costumes that suggest sea creatures transform into trash. Please note there will be walk of approx. 5-7 minutes from the meeting point to the performance point which is on the beach.

All ages are welcome. Under 16s must be accompanied by an adult.

MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
7.00PM (60 MIN)

FREE

**Enviro Futures: Eleanor Tucker - Thanks for Sharing**



In *Thanks for Sharing*, Eleanor Tucker takes us - and her somewhat reluctant family - with her on a year-long experiment to buy as few new things as possible, instead relying on the power of sharing economy apps and websites. What is the sharing economy? How can it help us live more affordable, more sustainable and more fulfilling lives? With a relatable humour and deeply-researched knowledge of the history of sharing, Eleanor will leave you feeling entertained, informed and inspired to change the way you consume.

SCOTTISH SEABIRD CENTRE  
6.00PM (60 MIN)

£10

**Mass Karaoke**



The show where the audience is the superstar! Join our fantastic local 8-piece band, Side Hustle, for a singalong gig packed with feel-good anthems. Suitable for all ages, music from all decades and genres, you'll leave with a smile on your face and a song in your heart.

LODGE STAGE  
7.00PM (90 MIN)

£8

**Just The Tonic Comedy Club presents Dara Ó Briain**



Dara Ó Briain is one of the UK and Ireland's favourite stand-up comedians and television presenters, best known for hosting *Mock the Week*, *Blockbusters*, *Robot Wars*, *Three Men in a Boat*, *Stargazing Live*, *Dara Ó Briain's Science Club*, and the documentary *Dara Ó Briain Meets Stephen Hawking*, all on the BBC. This August, he'll be bringing us material from his brand-new stand up show *So, Where Were We?*. "If you want a comic who can hold an audience in the palm of his hand, here's your man" *The Times*. Dara's set features as part of a comedy club line-up with other acts on the bill. There will be intervals during the show. 14+ advised. Under 16s must be accompanied by an adult.

BIG TOP  
8.45PM (120 MIN)

£25

Friday 11<sup>th</sup> August is **DISCO DAY** at Fringe By The Sea.

Get your sequins on and follow the call of the disco ball. Disco dogs are welcome too!



**Yin Yoga With Kinship.Studio**



Sally of Kinship.Studio will be offering 30 minutes of gentle Yin Yoga followed by a deeply relaxing Yoga Nidra. Yin yoga is a quiet meditative practice that works deeply into the body's connective tissues. Yoga Nidra is a form of guided meditation where we explore different states of consciousness. Wear comfy clothing and bring a mat/towel.

Over 18s only.

MASTERCLASS TENT  
10.00AM (45 MIN)



**Graeme Macrae Burnet**



Graeme is the author of four novels, *The Disappearance of Adele Bedeau*, *His Bloody Project*, *The Accident on the A35* and *Case Study* which was longlisted for the Booker Prize and the Dublin Literary Award and included in *The New York Times 100 Notable Books of 2022*. His *Bloody Project* was shortlisted for the 2016 Man Booker prize and won the Saltire Prize for Fiction, described as "astounding", "fiendishly readable" and "spellbinding".

LODGE STAGE  
11.00AM (60 MIN)

£12



**Encanto Dance Workshop**



Join our magical casita and have a blast dancing to your favourite songs from the much loved movie, *Encanto!* This dance workshop will be filled with high energy, funky moves, games, performance skills, music and much more. Suitable for ages 5-12. No previous dance experience necessary. Please wear trainers and comfortable clothes you can move in (no flip flops/sandals) and bring water!

Supported by East Lothian Council Arts Service.

LITTLE TOP  
2.00PM (120 MIN) FREE



**Monski Mouse Baby Disco**



Why toddle when you can dance? Selling out shows around the world, come find out why Australia's Monski Mouse is a hit with the littles and their parents/carers. Expect to break out into some high energy smiling and shape-throwing to retro hits, pop favourites and funky nursery rhymes.

All children must be accompanied and adults may not enter without children. No more than two children under 5 per adult.

LODGE STAGE  
3.00PM (55 MIN) £7



**It's All About The Bass - Fantoosh Sketching**



Breathe in the sea air and learn fun facts about North Berwick's 'Scottish Alcatraz' with East Lothian sketcher Lynn Fraser on her unique Sketch & Wander nature experience. Expect playful mark-making along with poetry and honour the Bass Rock with Lynn's effective, colourful sketchy tips as you roam.

All ages. Materials supplied. Under 16s must be accompanied by an adult.

MEET AT THE FRINGE BY THE SEA BOX OFFICE  
3.00PM (90 MIN) £19.50 | £15.50 (U16s)



**Alexander the Great Disco & Party Games**



Come and join Alexander the Great for 1 hour of children's disco and party games, with prizes for the winners. Games will include limbo dance competition so limber up beforehand! There will be a foam machine and lots of dancing.

Suitable for ages 3 to adult.

LITTLE TOP  
10.30AM (60 MIN) £5



**Roald Dahl's The Three Little Pigs on Tour**



Children's Classic Concerts are bringing the most scrumdiddlyumptious musical feast to the Fringe By The Sea: 'Roald Dahl's The Three Little Pigs On Tour'. Join CCC's Wind Ensemble as they present a specially adapted concert version of the author's much-loved 'Revolting Rhymes' poem. Explore the different instruments of the wind family as the musicians bring Roald Dahl's most whoops-whiffing characters to life. Guaranteed to entertain even the most biffsquiggled Snozzwanger with fabulous performances, spectacular scenery, crazy costumes and plenty of opportunities to join in, this will be a splendiferous concert like no other!

BIG TOP  
12.45PM (60 MIN)

£12 | £7 (U16s)



**Sound Bath**



Sound baths are a full body listening experience used to create a state of deep calmness and relaxation for participants. Instruments for the sound bath include a large planetary sun gong, wind gong, singing bowls and tongue drums. Bring a yoga mat to lie on, blanket, eye mask, layers of clothing. Relax and let go with certified gong master Nick Cook.

Ages 16+.

Supported by East Lothian Council Arts Service.

MASTERCLASS TENT  
2.00PM (60 MIN) FREE



**Wool School Craft Corner**

For full details see page 11.

WEAVING WONDER TENT  
10.30AM-4.00PM DROP-IN/FREE



**Ayurvedic Taster Sessions**

For full details see page 13.

MASTERCLASS TENT  
11.00AM, 11.15AM, 11.30AM & 11.45AM (10 MIN) £12



**Pincho - Tapas, Sangria & Beer**

For full details see page 13.

PINCHO, LODGE GROUNDS  
12.00PM-8.00PM DROP-IN



**Daily Green Dollop**

For full details see page 14.

ENVIROZONE, LODGE GROUNDS  
2.15PM DROP-IN/FREE



**Heavy Sound CIC**

For full details see page 11.

THE CRIB, LODGE GROUNDS  
11.00AM-5.00PM DROP-IN/FREE



**Walk the Toun**

For full details see page 14.

MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
2.00PM (120 MIN) £5

**Alien Species by Dudendance**

For full details see page 43.

MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
7.00PM (60 MIN) FREE

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**Drum Circle**



**DISCO!**



**Make Delicious Drinks with Glenmorangie**



Drum circle: an introduction to the health benefits of drumming and group drumming. Come and try all kinds of hand drums: djembe, congas, bongos and other percussion. Suitable for all ages.

Under 12s must be accompanied by an adult.

Supported by East Lothian Council Arts Service.

MASTERCLASS TENT  
 3.45PM (45 MIN)

**FREE** LITTLE TOP  
 5.00PM (45 MIN)

£5

Get your groove on! Fling on your flares and shimmy on down for a fun packed 45 minutes of easy to follow disco moves to awesome tracks.

Ages 18+. Suitable for all fitness levels. Low impact, move at your own pace.

Join Glenmorangie Head of Education TJ Littlejohn for a hands-on masterclass on how to create delicious drinks at home. We'll supply the mixology kit, you'll learn how to make your own signature single malt cocktail and leave with some top bartender tips and tricks.

MASTERCLASS TENT  
 6.00PM (60 MIN) **£12.50**

**Silent Disco Disco**



**Bemz & The Honey Farm**



Come and celebrate Disco Day at FBTS with our Silent Disco Disco. Headphones on, check out our tunes and dance like nobody's listening!

Drop-in. All ages welcome.

LITTLE TOP  
 6.30PM-8.30PM **DROP-IN/FREE**



BEMZ - aka Jubemi Iyiku, BBC Introducing's inaugural 'Scottish Act of the Year' is armed with the release of his brand new EP 'Nova's Dad'. BEMZ' lyrical journey is tangible proof that rap's cultural reach stretches far beyond London and the English borders. On the bill too is The Honey Farm who rear free-range, farm-fresh, bass-laden hip hop direct from the East Coast (of Scotland). MCs Bitta DisGrace, Babs and SweetHardt Dowl have been melting faces all over the floor of the Scottish music scene since 2016, with their big beats, heavy flows and good vibes.

LODGE STAGE  
 7.00PM (90 MIN)

£12



**Sister Sledge**



Witness some of the best-known soulful and disco grooves live, including 'Lost In Music', 'He's The Greatest Dancer' and 'We Are Family' as the renowned Sister Sledge bring the good times and vibes to the Fringe By The Sea Big Top. Over the years the Grammy-nominated multi-lead vocal group has amassed a string of Gold and Platinum records, accumulating total sales of over 20,000,000 worldwide, and have performed on some of the world's most prestigious stages including Carnegie Hall, Madison Square Garden, London's Royal Albert Hall and Glastonbury's iconic Pyramid Stage. Support act to be announced. Under 16s must be accompanied by an adult, aged 18+.

BIG TOP  
 8.30PM (150 MIN)

£39.50

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### Yoga Fundraiser in aid of MND Scotland



Join Nicola Bourke of East Lothian Yoga School with an hour of breathwork, mindful movement and relaxation. The focus will be on finding inner quietness and stillness, a space to help us find clarity and joy in our busy lives. All proceeds will go to MND Scotland, a charity that helps those affected by this progressive and devastating terminal illness. Bring a mat/towel.

MASTERCLASS TENT  
10.15AM & 11.45AM (60 MIN) **£12**



### Think Circus Takeover



Spin, twirl and juggle with fun and accessible circus workshops from Think Circus, Edinburgh's social circus. Learn the basics of juggling, hula hoop, balancing, plate spinning and more!

Suitable for ages 5+. Under 16s must be accompanied by an adult.

LITTLE TOP  
10.30AM, 12.00PM, 2.00PM & 4.00PM (45 MIN) **£8**



### Seaside Storytelling



Bring your kids along for an hour of escapism, with a series of wonderful marine-themed stories. This relaxed event is aimed at pre-school children and their parents or carers. Drop-in for one story or stay for them all. Suitable for under 5s.

SCOTTISH SEABIRD CENTRE  
10.30AM (60 MIN) **FREE (Child)**  
**£5 (Adult)**



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### Giles & Mary on Country Life



Former townies Giles and Mary, who've been appearing on Channel's 4 Gogglebox together since 2015, have embraced country life for over thirty years, each in their own different way. Country Life is a story of peaks and troughs in which they share their hard-earned lessons to help us all find our own way to a new, contented country life, where perfect isn't the point. Enjoy their robust back-and-forth exchange, de-mystifying every aspect of life in rural outposts.

BIG TOP  
11.00AM (60 MIN) **£10**



### Kevin Quantum: And For My Next Trick



Magician-Scientist Adventurer Kevin Quantum activates his silly side with comedy sketch-magic. This fast paced show has more blow-your-brains tricks than you can shake a wand at and will make you laugh. Nominated at the Scottish Comedy Awards, 'Best Magic' Award at the Adelaide Fringe – "Kevin will rock your socks off. And you won't even have to take off your shoes" \*\*\*\* "will take your breath away, hide it and then make it appear in someone else's pocket" – BroadwayBaby.

LODGE STAGE  
12.00PM (60 MIN) **£12**



### Pop By Pebble Painting!



Take some time out from the festival throng to create an intricate design or abstract mess - it will be equally enjoyable! All materials provided - including prepared pebbles. Guidance and ideas provided by one of the crafty team at Rock & Bird. Prepay and pop by any time during the session.

All ages welcome. Under 7s must be accompanied by an adult (making their own or if not, with a free ticket).

MASTERCLASS TENT  
2.00PM (150 MIN) **£5**  
**| FREE (Accompanying adult)**



### Wool School Craft Corner

For full details see page 11.  
WEAVING WONDER TENT  
10.30AM-4.00PM **DROP-IN/FREE**



### Heavy Sound CIC

For full details see page 11.  
THE CRIB, LODGE GROUNDS  
11.00AM-5.00PM **DROP-IN/FREE**



### Pincho - Tapas, Sangria & Beer

For full details see page 13.  
PINCHO, LODGE GROUNDS  
12.00PM-8.00PM **DROP-IN**



### WanderWomen: Mindfulness, Adventure & Ecotherapy



WanderWomen Scotland facilitates award-nominated, outstanding Outdoor Experiences for Women, in a unique mix of Mindfulness & Adventure. Enhancing your Wellbeing through Ecotherapy, Nature Connection & Community - The Selfcare Revolution. In this WanderWomen Adventure to embrace the elements, learn how to make a fire, ignite your inner fire by dipping in the sea, enjoy some meditation, reflect on life, share food and drink with like-hearted women, re-balance yourself and find peace in the wilderness! Ages 18+.

MEET OUTSIDE THE SCOTTISH SEABIRD CENTRE  
2.00PM (180 MIN) **£50**

### Walk the Toun

For full details see page 14.  
MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
2.00PM (120 MIN)

£5

### Daily Green Dollop

For full details see page 14.  
ENVIROZONE, LODGE GROUNDS  
2.15PM **DROP-IN/FREE**

### Alien Species by Dudendance

For full details see page 43.  
MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
7.00PM (60 MIN)

FREE

### My Sketchy Menopause - Fantoosh Sketching



Come sketch, connect, feel good and celebrate the wee things in this Art for Menopause workshop. Sit under the trees, get a change of energy and synch with the rhythm of nature. Get creative with some plants and wildflowers that have their links to menopause with playful mark-making and mindful sketching. Lynn Fraser is a visual artist and creative well-being provider who advocates for the benefits of creativity in menopause. No prior art experience necessary. All lovely materials supplied on the day. Ages 16+.

MEET AT THE FRINGE BY THE SEA BOX OFFICE  
2.30PM (90 MIN)

£22

### Sally Magnusson: Music in the Dark



Best selling author, journalist and broadcaster Sally Magnusson brings us her latest historical fiction, *Music in the Dark*. Inspired by the true experiences of Sally's great-grandmother, Annie McKechnie Baird, who was evicted from her own family home in a township on the isle of Mull in 1863, *Music in the Dark* is suffused with poetry and looks with searing honesty at love in older age - its cost and its beauties - whilst shedding light on female resistance during the Highland Clearances, and depicting, with poignant empathy, the long-term physical and mental effects the past can have on us.

LODGE STAGE  
3.00PM (60 MIN)

£10

### Live Science Show - Animal Avengers



Taking inspiration from a whole host of superheroes, Egghead will show audiences how animals can defend themselves from attack in weird and wonderful ways. From exploding ants, squirting octopi to spitting birds, you can decide who is the best Animal Avenger!

Suitable for Age 5+.

SCOTTISH SEABIRD CENTRE  
3.15PM (45 MIN) **FREE (Child)**  
**| £5 (Adult)**

### Bombskare



The bishops of bounce, the sorcerers of skank, the undisputed masters of Scottish death reggae are back with a set including music from their brand new album 'A Million Ways To Die' including their two cracking singles released earlier this year 'Slow Lane' and 'Wanna Be Famous'. Renowned for their technical prowess as much as their infectious ska anthems, they combine lush, three-part harmonies with choppy guitar attacks and an explosive horn section to truly blow the audience away. "Who'd have thought it about ska from Edinburgh, but Bombskare are bloody brilliant." - The Guardian

BIG TOP  
4.30PM (60 MIN)

£12

### Wool School: Introduction to Granny Square Crochet



Come along and learn how to crochet the ever-popular Granny Square. Perfect for beginners and more advanced crocheters alike. All materials will be provided.

For age 16 and upwards

WEAVING WONDER TENT  
5.30PM (120 MIN) **£26**

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### Peat & Diesel



2023 looks like the biggest and best yet for this band formed when three Stornoway Cove's (Innes, Uilly and Boydie) met up in a house to have the craic on a Saturday night playing music with just the dog and the cat watching and uploaded a video to Facebook. If you've not experienced the feeling and energy of a Peat & Diesel concert, you've not lived! Get ready for peatlemania...

Support to be announced. All ages welcome. Under 16s must be accompanied by an over 18.

BIG TOP  
7.00PM (240 MIN)

£25 PLUS BF

### Spirit of Skiffle



An energetic, crowd-pleasing and refreshingly musical update of the Blues and Americana music sensation that launched British rock in the late 1950s and inspired The Beatles, Eric Clapton, Mark Knopfler and thousands more to pick up the guitar and play. Fronted by Jerry O'Regan and Eric Wales, and featuring clarinet virtuoso Hamish McGregor, Spirit of Skiffle have been strutting their stuff in North Berwick since the first Fringe By The Sea in 2008! A good time is guaranteed.

LODGE STAGE  
8.00PM (60 MIN)

£10

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## The Calm



Unwind and escape the stresses of daily life with this immersive cultural and musical experience. Join Simon Heath, composer for film & TV, as he plays the evocative tones of the duduk, an ancient wind instrument from Transcaucasia. Allow the melodic sound to transport you to a tranquil state of mind. At the end of the session, indulge in a nourishing sweet treat and refreshing mint tea, elevating your sensory experience. To make the most of this experience, bring along a comfortable mat or blanket to relax on.

LITTLE TOP  
10.00AM (45 MIN)

£8

## A Whale of a Time with Miss Googiepants



Quirky, family-fun, rhyming storytelling with a 1950s cosmic twist - a cat, a whale and a scientist called Dopey. A new upbeat show with Roald Dahl-like stories in rhyme written by Jay Gee and performed by Miss Googiepants. "... a lovely performer, dressed as a 1950s prom girl and surrounded by a variety of props and toys. She effortlessly morphs into different characters with impressive dexterity and bags of enthusiasm." The Scotsman.

All ages welcome.  
LODGE STAGE  
10.45AM (60 MIN)

£7

## What's for Snack? Interactive Puppet Show



With sing-a-long fun, young visitors will be asked to help Craig who has eaten some marine litter by mistake. He will be joined by some of his seaside friends who will aim to help him get rid of his sore tummy.

Suitable ages 2+.

SCOTTISH SEABIRD CENTRE  
12.15PM (45 MIN) FREE (Child)  
| £5 (Adult)

## McInroy & Wood presents Sir Robin Knox-Johnston



Sir Robin was the first person to sail single handed and non-stop around the world. With his yacht Suhaili packed to the gunwales with supplies he set off on a voyage that was to last just over ten months. He arrived back in Falmouth after 312 days at sea, on 22 April 1969, securing his place in the history books. He is proud Founder of the Clipper Race, a record-breaking 40,000 nautical mile race around the world of a 70-foot ocean racing yacht. Here at Fringe By The Sea, he will be in conversation about his incredible adventures and achievements. This is a seated event. Under 16s must be accompanied by an adult, aged 18+.

BIG TOP  
12.00PM (60 MIN)

£18

## Oh I Do Like To Be Beside The Seaside



Musician Gica Loening and Storyteller Claire McNicol will lead a fun celebration of summer in music, song, story and rhyme. This will be a highly participatory event, bring your sunhat and shades!

Suitable for families with children aged 0-8. All children must be accompanied by an adult.

Supported by East Lothian Council Arts Service.

MASTERCLASS TENT  
12.00PM & 1.15PM (45 MIN)

FREE



**Wool School Craft Corner**

For full details see page 11.  
WEAVING WONDER TENT  
10.30AM-4.00PM **DROP-IN/FREE**



**Heavy Sound CIC**

For full details see page 11.  
THE CRIB, LODGE GROUNDS  
11.00AM-5.00PM **DROP-IN/FREE**



**Pincho - Tapas, Sangria & Beer**

For full details see page 13.  
PINCHO, LODGE GROUNDS  
12.00PM-8.00PM **DROP-IN**



**Walk the Toun**

For full details see page 14.  
MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
2.00PM (120 MIN) **£5**



**Daily Green Dollop**

For full details see page 14.  
ENVIROZONE, LODGE GROUNDS  
2.15PM **DROP-IN/FREE**



**Make Mess Matter**

For full details see page 16.  
LITTLE TOP  
3.00PM (45 MIN) **£5** (Child U5)  
**£5** (Child 5+)  
**| FREE** (Accompanying adult)



**Alien Species by Dudendance**

For full details see page 43.  
MEET OUTSIDE SCOTTISH SEABIRD CENTRE  
7.00PM (60 MIN) **FREE**

**Hamish McGregor's Jazzmen**



Edinburgh Clarinetist, Hamish McGregor, gets together with Colin Steele (trumpet), Dave Batchelor (trombone), Ed Kelly (bass), Campbell Normand (piano) Eric Wales (guitar and banjo) and Alastair Morrow (drums) to perform a specially selected programme of well known 'happy' jazz tunes that will get your toes tapping and hands clapping and put a smile on your face. If you are looking for a good time, this show is for you.

LODGE STAGE  
1.15PM (90 MIN) **£18**



**Live Science Show - WaaatttsZaaap!**



Professor Egghead has some great new gadgets and toys but no batteries! He needs some clean power from renewables and perhaps using turbines and tides or turning the sun into fun might just help? Join us at this interactive live science show to find out more.

Suitable for Age 5+  
SCOTTISH SEABIRD CENTRE  
3.15PM (45 MIN) **FREE** (Child)  
**| £5** (Adult)



**Amazing Prize Family Bingo**



It's bingo with loads and loads of prizes. You get two bingo tickets as part of your entry. If you bring a wrapped prize, you get another ticket. Take your seats, get your dabber ready and let the winning begin. Jes is your game show host. He has crazy bingo variations like you've never seen before. Let's take the excitement through the roof! Oh, did I mention that there are loads of prizes? Just saying, because there are loads of prizes.

LITTLE TOP  
1.15PM (60 MIN) **£6**



**Ceilidh Kids with Gullane Community Ceilidh Band**



A family-friendly ceilidh with music from Gullane Community Ceilidh Band and dances called by Ceilidh Kids' Caroline. Family workshop suitable for children aged 3-7 years with parents or carers, but everyone welcome. We involve everyone: skip, clap and march together to traditional Scottish music. Enjoy discovering simple dances that you might find at a ceilidh or Scottish country dance, celebrating the social aspects of dancing with a partner. CeilidhKids is all about fun for all generations. Hugely popular with local families, now it's your turn. One adult can dance with two children.

LODGE STAGE  
4.00PM (60 MIN) **FREE**



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**North Berwick Youth Project - Body Art**



Last day of the festival! See it out in style with Lori's Creations - glitter tattoos and festival face painting. Tunes and good vibes. Let us know what you thought of this year FBTS, give us ideas for next year and share your stories of an awesome summer.

For P7s - age 18.  
MASTERCLASS TENT  
4.00PM (120 MIN) **FREE**



**The Spectacular Music of Harry Potter**



Grab your cloak and your wand and join us for a spellbinding concert featuring the spectacular music from the magnificent Harry Potter films - performed by the sensational International Film Orchestra. This concert will feature the magical music from all eight of the Harry Potter Films, written by composers John Williams, Patrick Doyle, Nicholas Hooper and Alexandre Desplat. A truly fabulous concert for all of the family - not to be missed!

BIG TOP  
7.00PM (120 MIN) **£25 | £12.50** (U18s)



**Viggo Venn: British Comedian**



Norwegian clown Viggo Venn has moved to London to follow his life-long dream of becoming a British Comedian. "Viggo is Norwegian" (EdFestMag.com). "Viggo is Norwegian" (Scotsman). "Viggo is a... Norwegian" (BroadwayBaby.com). Winner of NATYS New Act of the Year 2022, runner-up Leicester Square New Comedian of the Year 2022. Total sell-out show at Edinburgh Fringe 2022. No clowning to see here... "The most stupid act we have had this year" (Simon Cowell). "I thought you were gonna do stand-up comedy" (Alesha Dixon).

LODGE STAGE  
9.30PM (60 MIN) **£9**

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